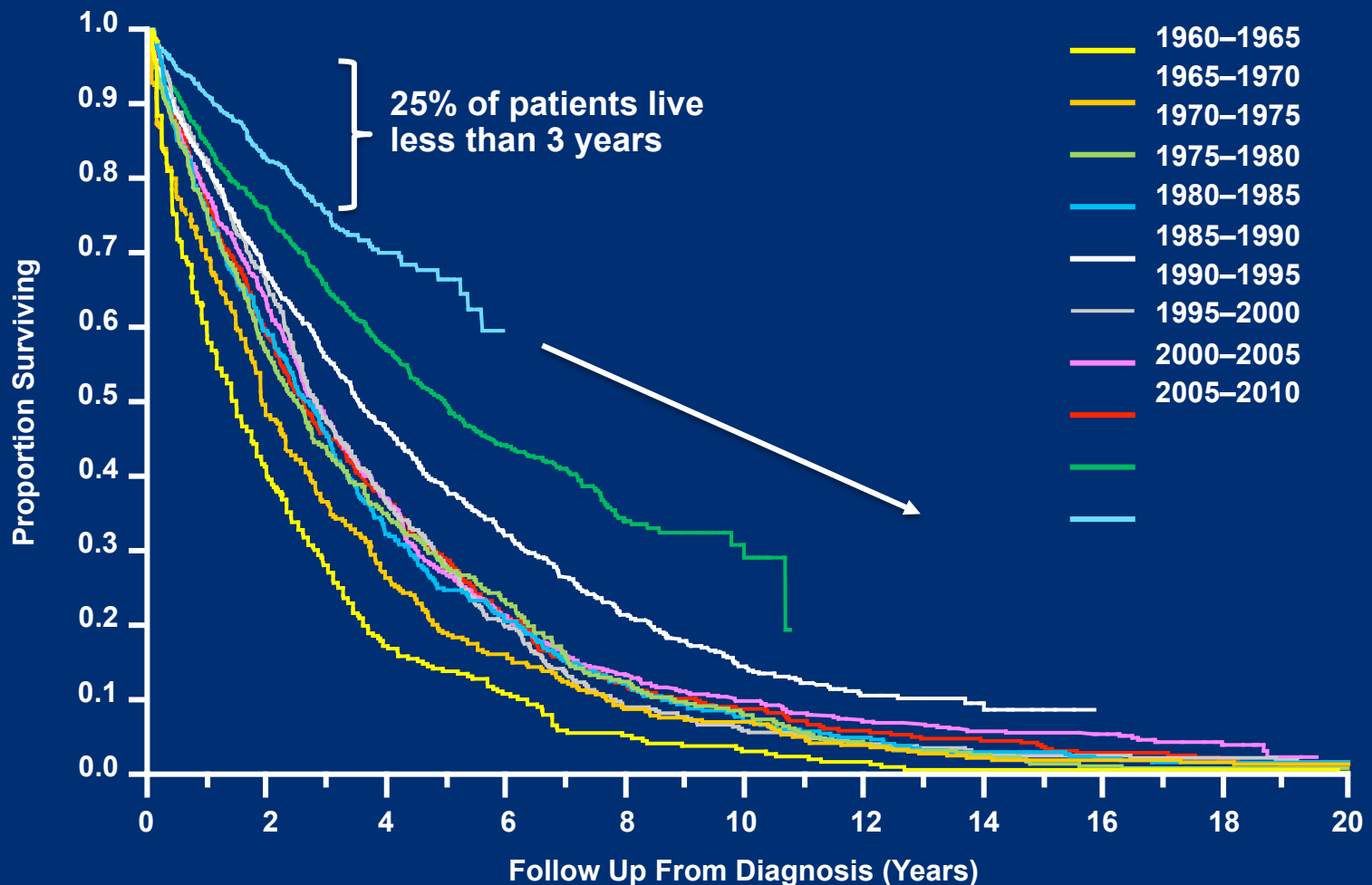


Traitement du Myélome selon le risque jusqu'à l'espoir de guérison : à l'ère des nouveaux médicaments



Dr Cyrille Hulin
CHU Bordeaux

Improving Survival in MM



- What are the poor-risk factors ?
- Who is using a risk-adapted strategy ?
- A simple scoring system to predict early death from progressive disease ?

What are factors that confer a poor prognosis?

- Age
- Performance status, comorbidities, e.g. renal impairment
- High β_2 microglobulin
- Low albumin
- LDH
- Cytogenetic abnormalities / genetic changes
- Circulating plasma cells
- High proliferation rate
- Number of lesions MRI / PET-CT
- Lack of response to induction treatment

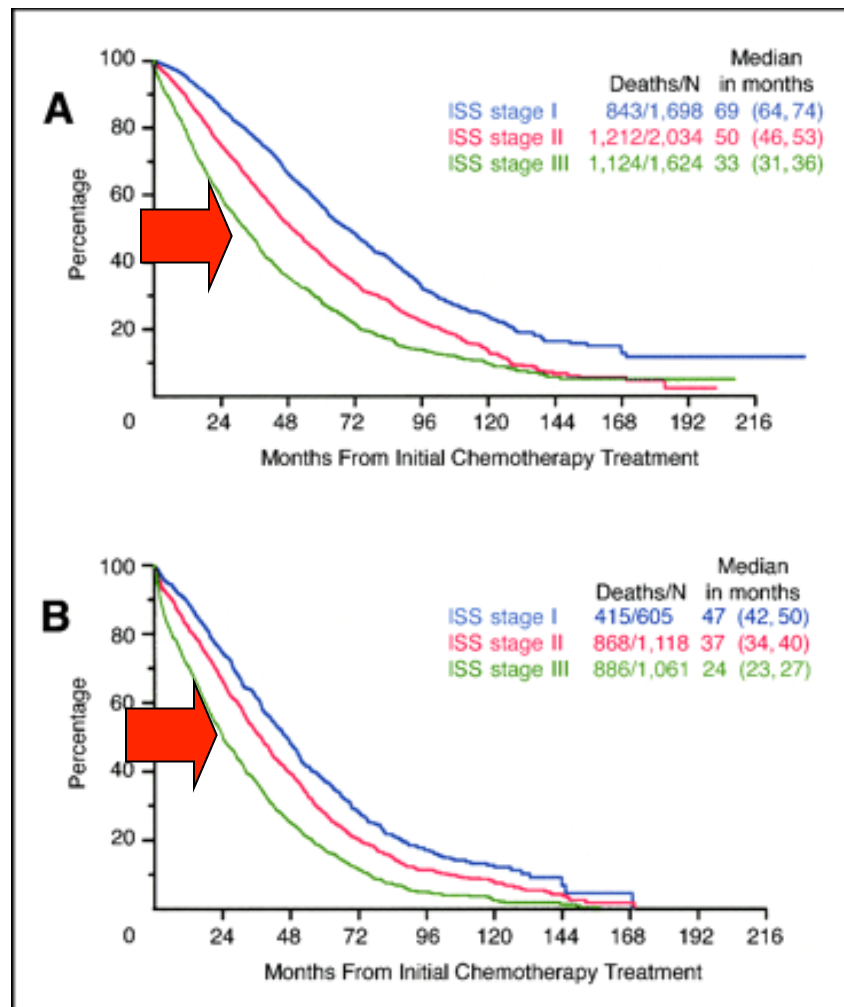
The International Staging System (ISS)

Prognostic model based on β_2 -microglobulin and albumin

Patients < 65 y

Stage	Criteria
I	$\beta_2\text{m} < 3.5 \text{ mg/L}$ & albumin $\geq 3.5 \text{ g/dL}$
II	Not stage I or III
III	$\beta_2\text{m} \geq 5.5 \text{ mg/L}$

Patients > 65 y



Prognostic factors: leukemic presentation

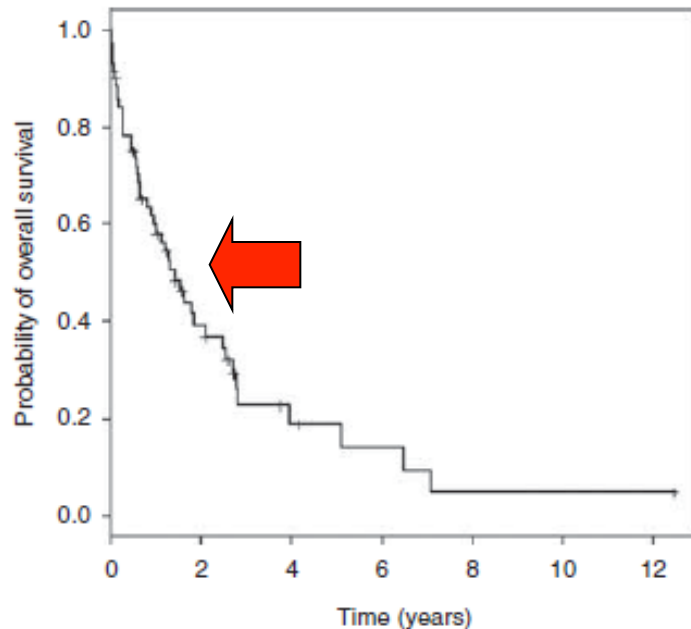


Figure 1 Overall survival of the whole cohort of patients with pPCL.

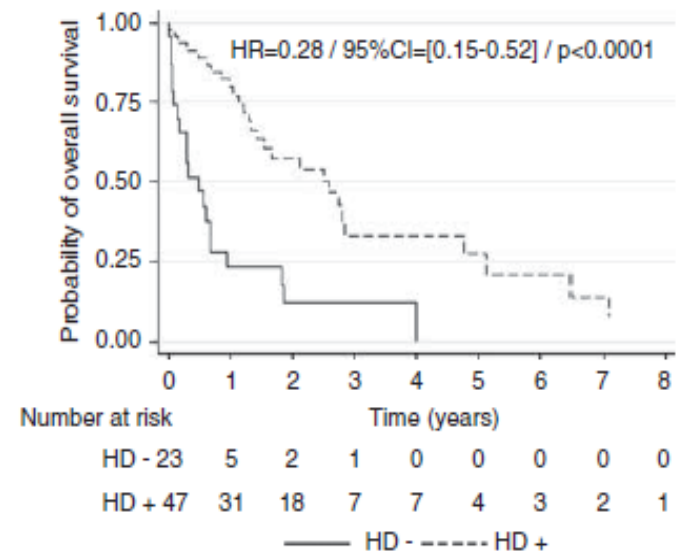
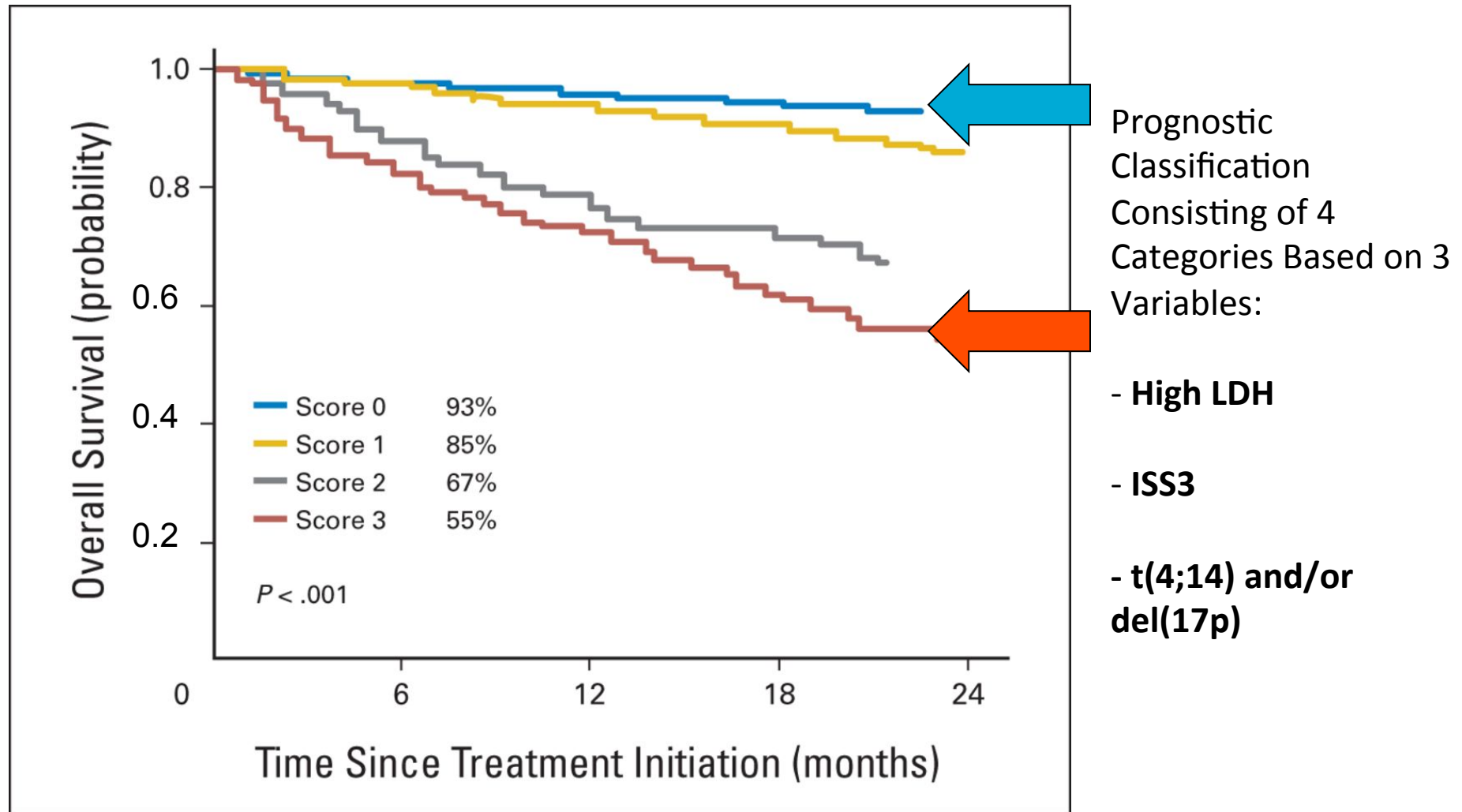


Figure 2 Overall survival of patients treated with high-dose approaches (HD+) vs a conventional approach (HD-).

Overall survival for 1,601 patients with lactate dehydrogenase, International Staging System, and cytogenetic data available.



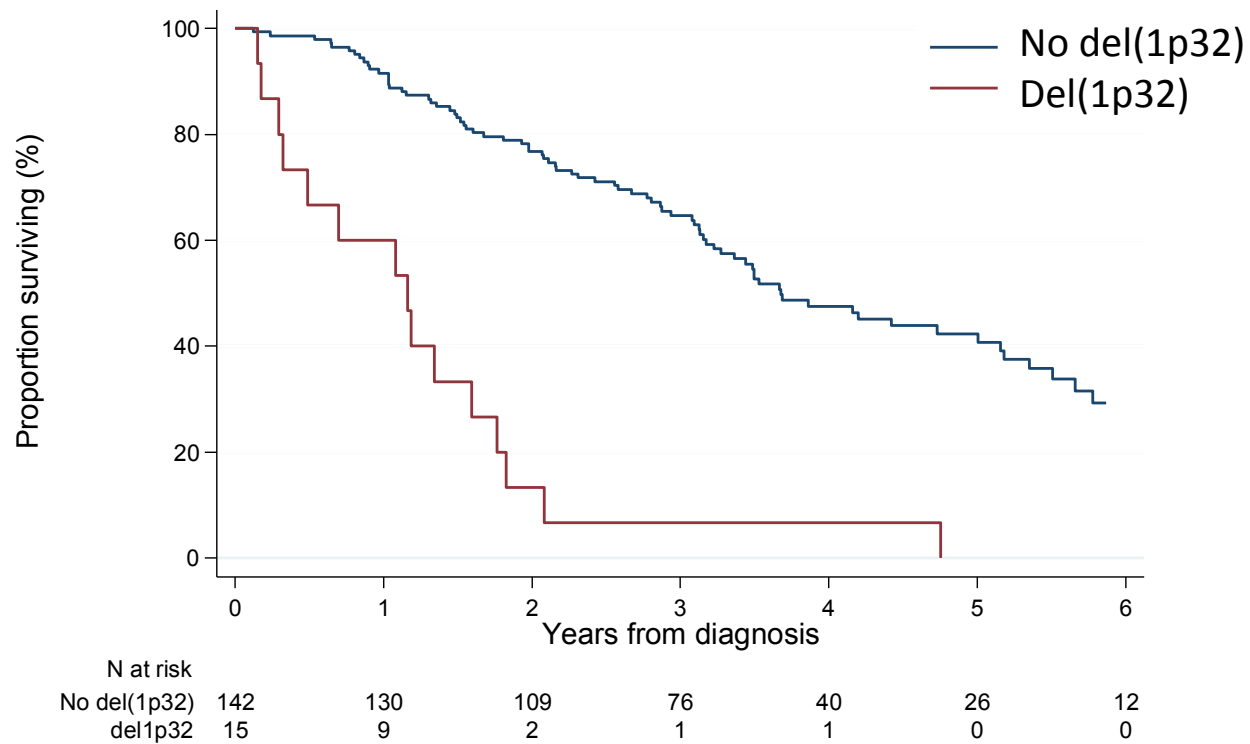
Revised International Staging System (R-ISS) for MM

- R-ISS I (n=871)
 - Including ISS stage I (serum β 2M level <3.5 mg/L and serum albumin level $\geq$ 3.5 g/dL)
 - No high-risk CA [del(17p) and/or t(4;14) and/or t(14;16)]
 - Normal LDH level (less than the upper limit of normal range)
- R-ISS III (n=295)
 - Including ISS stage III (serum β 2M level >5.5 mg/L)
 - High-risk CA or high LDH level
- R-ISS II (n=1,894)
 - Including all the other possible combinations

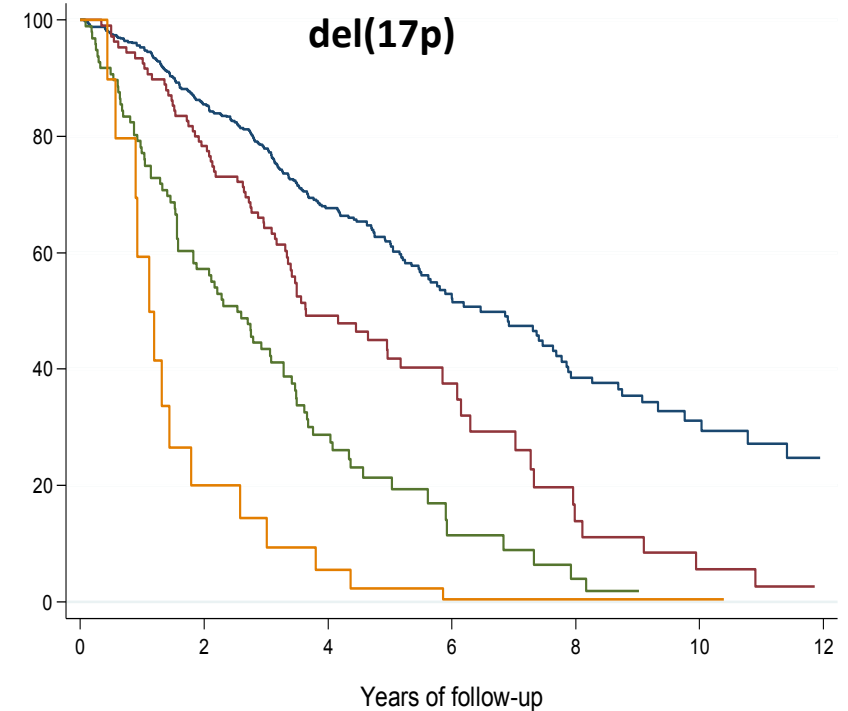
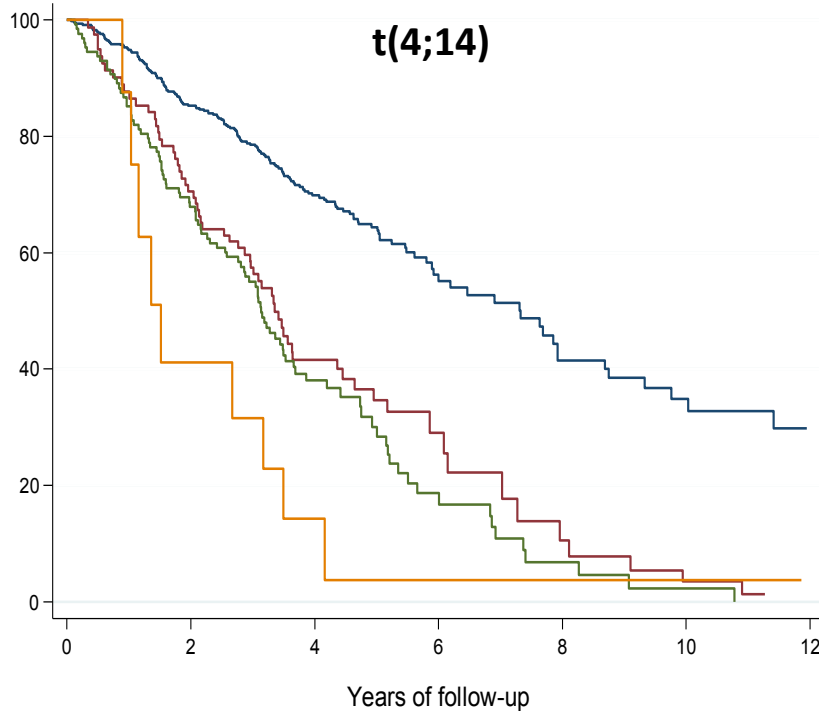
	5-Year OS* (%)	5-Year PFS* (%)
R-ISS I	82	55
R-ISS II	62	36
R-ISS III	40	24

*At a median follow-up of 46 months

Overall survival of patients with t(4;14) according to del(1p32)



Overall survival* according to trisomy 21 and t(4;14) or del(17p)



- No high risk, No Trisomy 21
- No high risk, Trisomy 21
- High risk, No Trisomy 21
- High risk, Trisomy 21

*adjusted for trisomies 3 and 5

Conclusion

- What are the chromosomal changes impacting high-risk patients survival ?

del(1p32) and trisomy 21

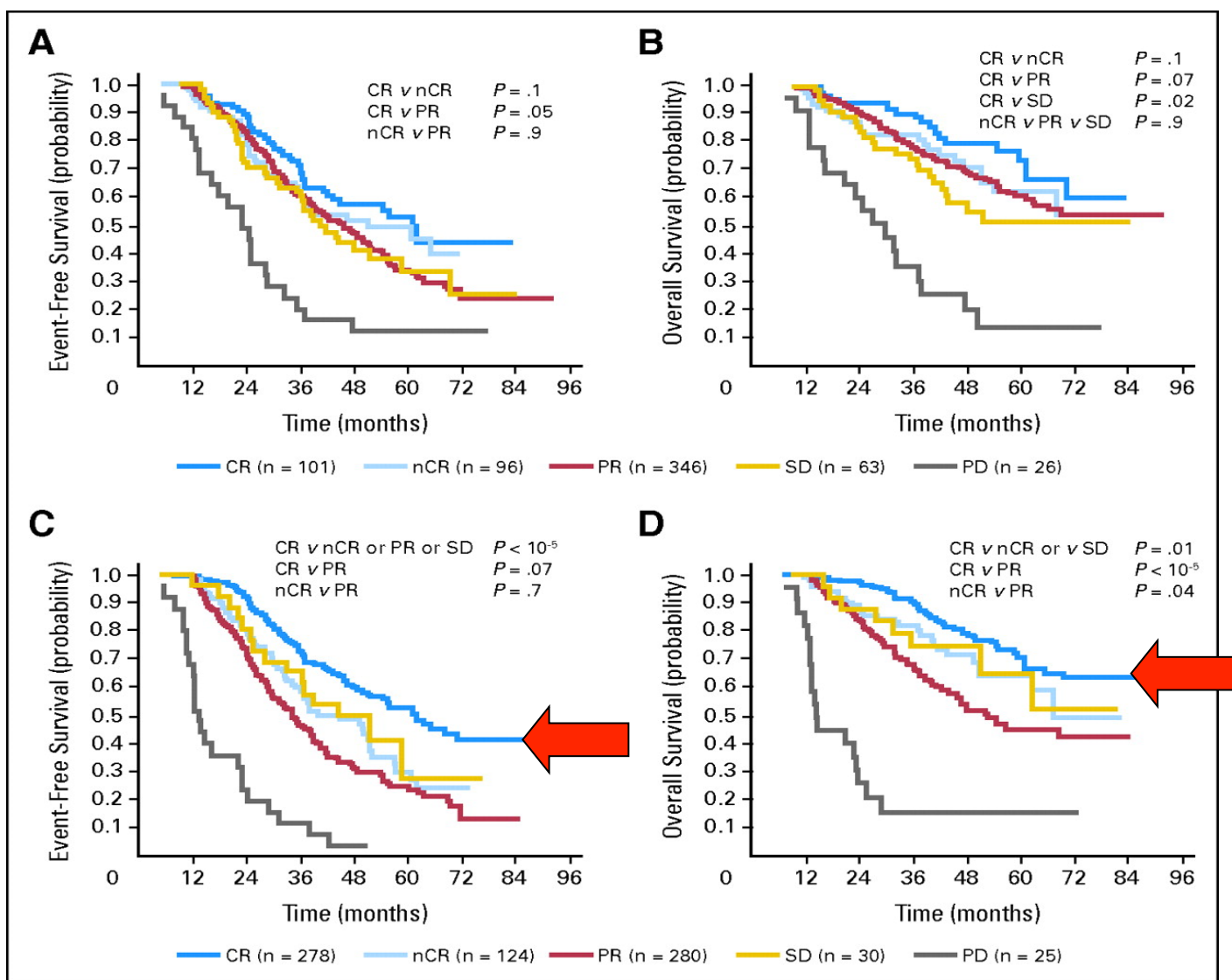


trisomies 3 and 5



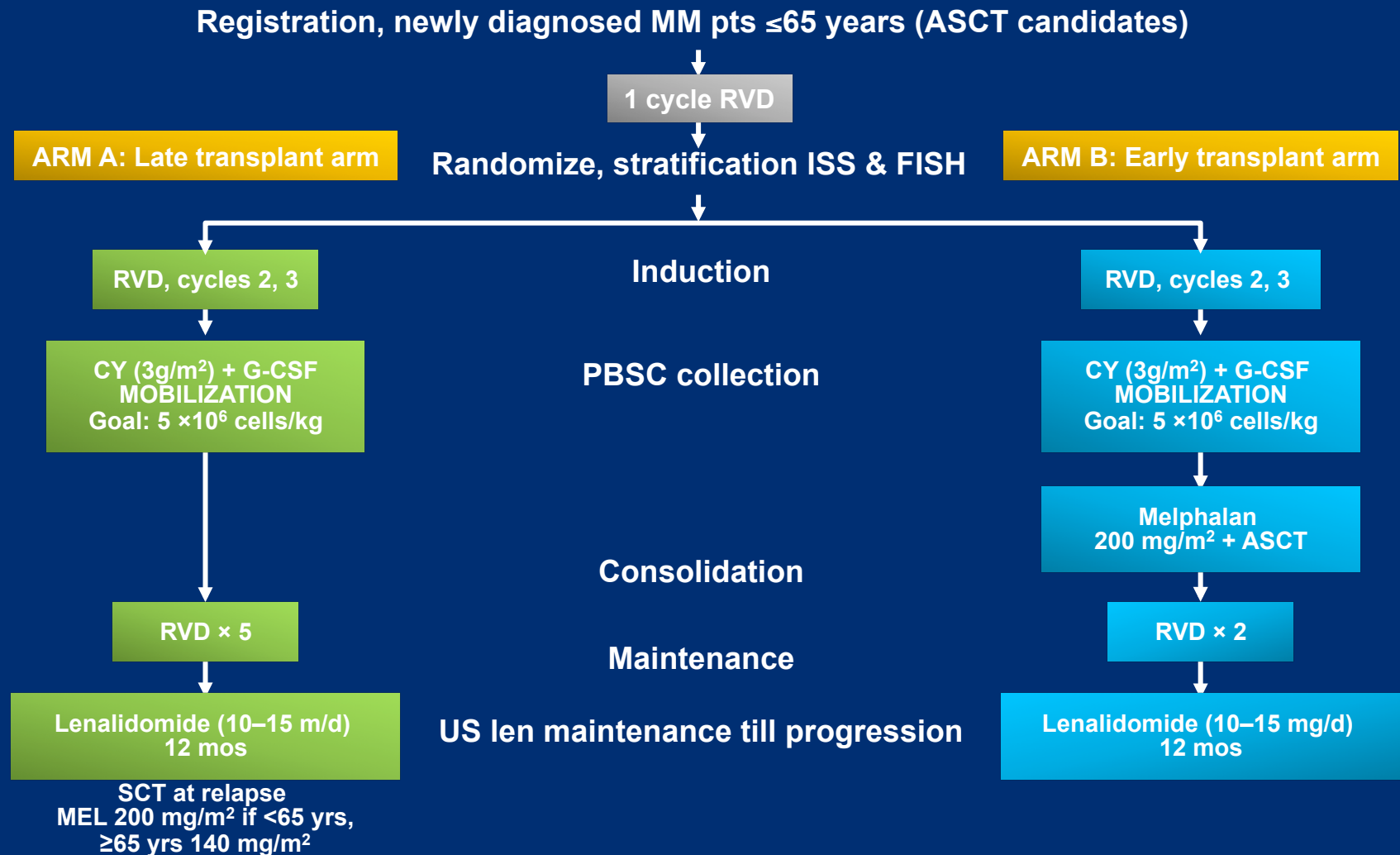
- SNP-array allows an accurate prediction of prognosis in myeloma
- Need for larger series of high-risk patients to improve risk estimate in subgroups

Influence of response obtained after high-dose therapy plus ASCT on (C) EFS and (D) OS

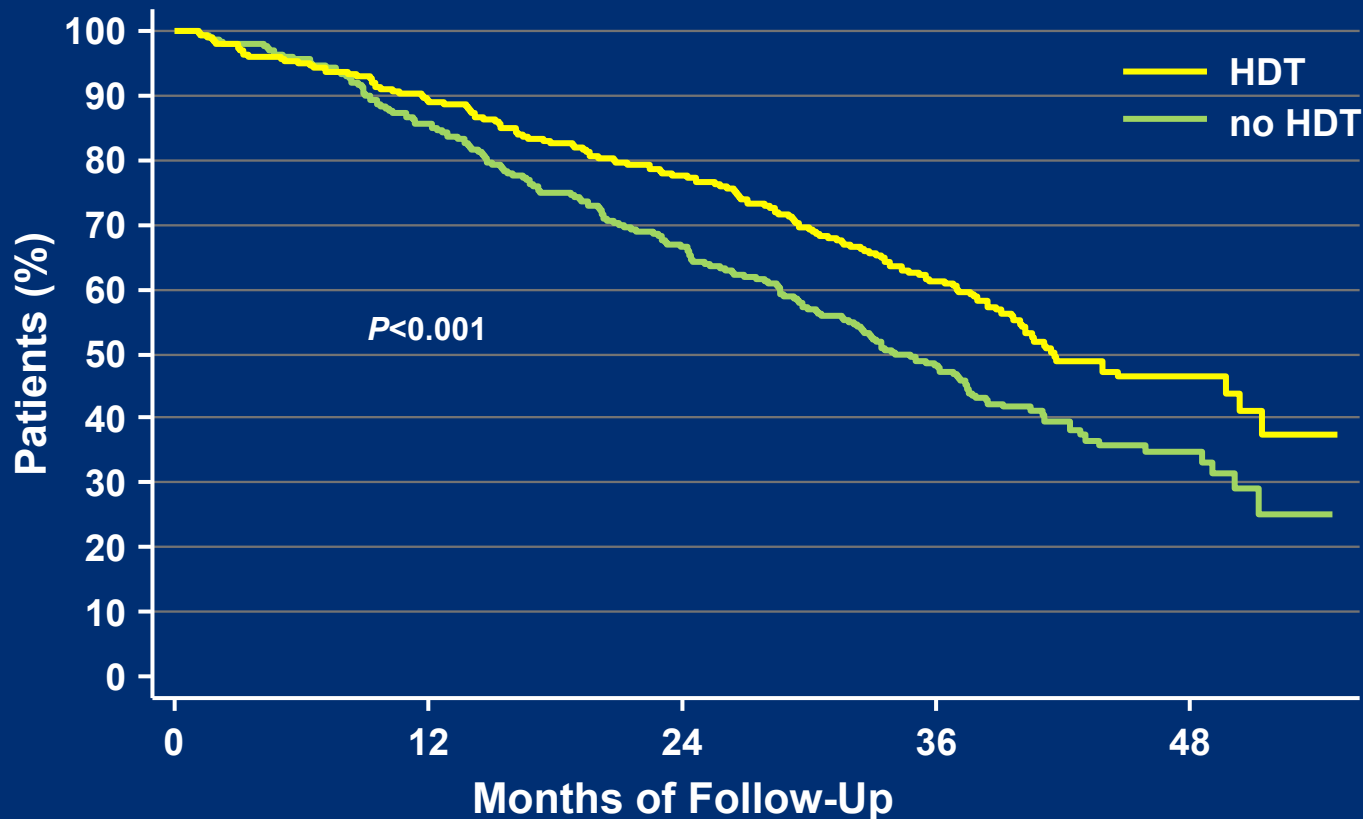


***L'intensification autogreffe
en première ligne
est-elle toujours
la règle absolue ??***

IFM/DFCI 2009 Study Schema



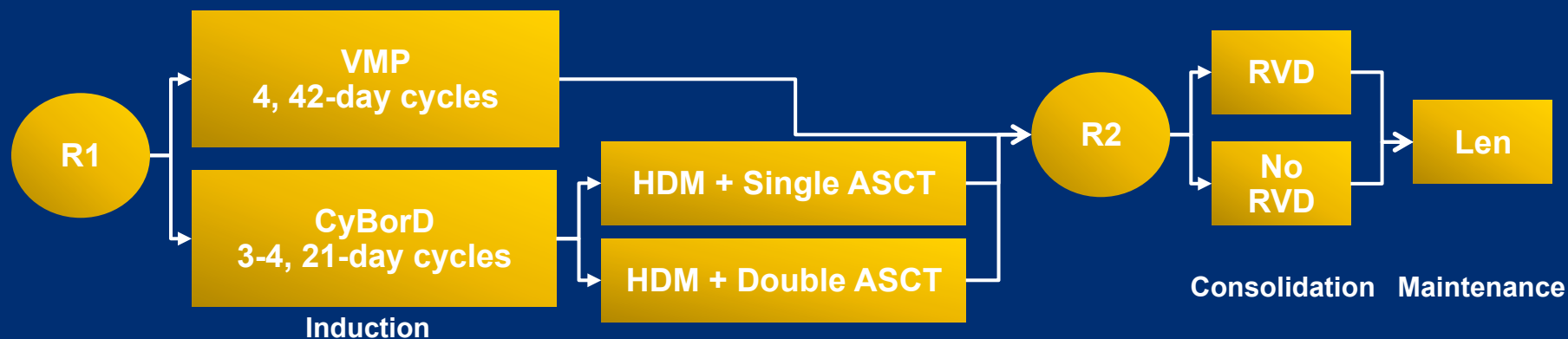
IFM 2009: PFS (9/2015)



N at risk

HDT	350	309	261	153	27
no HDT	350	296	228	128	24

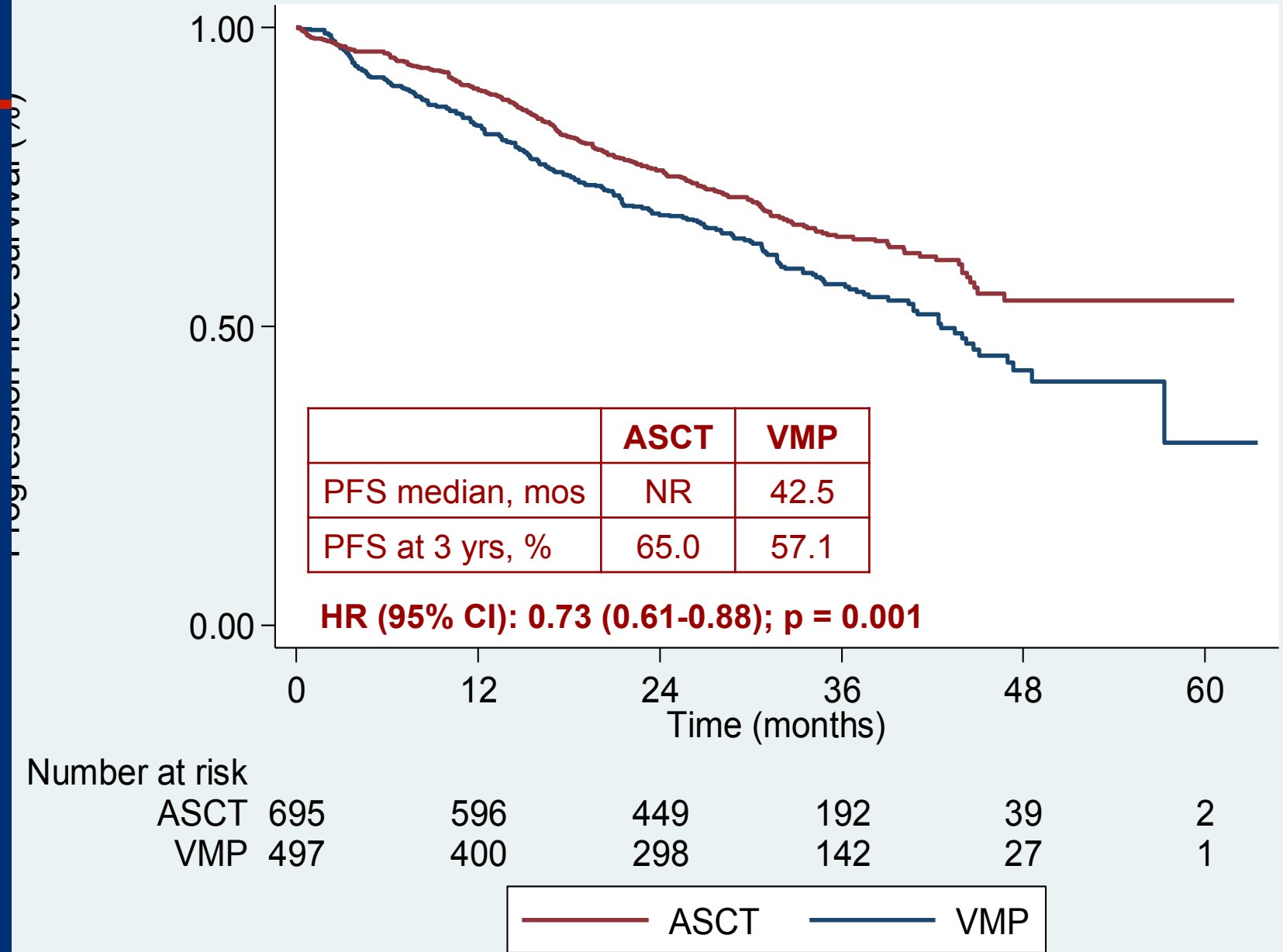
Intensification Therapy with Bortezomib-Melphalan-Prednisone Versus Autologous Stem Cell Transplantation for Myeloma: An Intergroup, Multicenter, Phase III Study of the European Myeloma Network (EMN02/HO95 MM Trial)



	VMP (n=497)	HDM (n=695)	HR/OD (95% CI)	<i>P</i> Value
Median PFS (mos)	44	NR	—	—
3-Yr PFS (%)	57.5	66	HR 0.73 (0.59-0.90)	0.003
Probability of achieving ≥VGPR (%)	74	85.5	OD 1.90 (1.42-2.54)	<0.00 1

Upfront HDM and ASCT significantly improved PFS and increased the rate of high quality responses.

PFS by randomization 1 (VMP vs. ASCT)



Quid du couple
Consolidation / Entretien ??

Double vs single ASCT after bortezomib-based induction:

Integrated analysis of phase European 3 studies

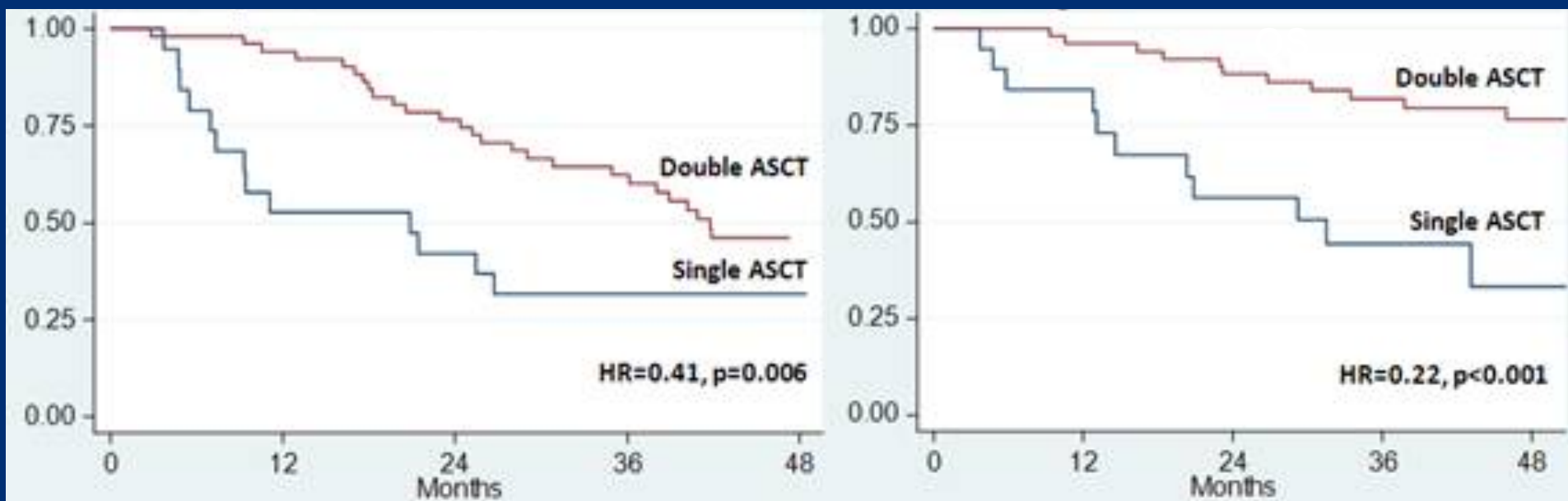
- Pts (n=606)
 - Bortezomib-based induction
 - Single (n=254) or double (n=352) ASCT
- Differentiation of 4 groups based on adverse prognostic variables:
 - ISS 3, high-risk cytogenetics, failure to achieve CR after induction therapy
- Group 0 (13%): ISS 1-2, lack of high-risk cytogenetics, CR after induction
- Group 1 (61%): one adverse variable
- Group 2 (23%): two adverse variables
- Group 3 (3%): all three adverse variables

Double vs single ASCT after bortezomib-based induction

PFS and OS in pts with 2 adverse variables

	Double ASCT	Single ASCT	P
PFS	41 mos	20 mos	0.003
OS	67 mos	31.5 mos	<0.001

PFS and OS for pts with high-risk cytogenetics and who failed CR after bortezomib-based induction regimens



Double vs single ASCT after bortezomib-based induction:

Integrated analysis of phase European 3 studies

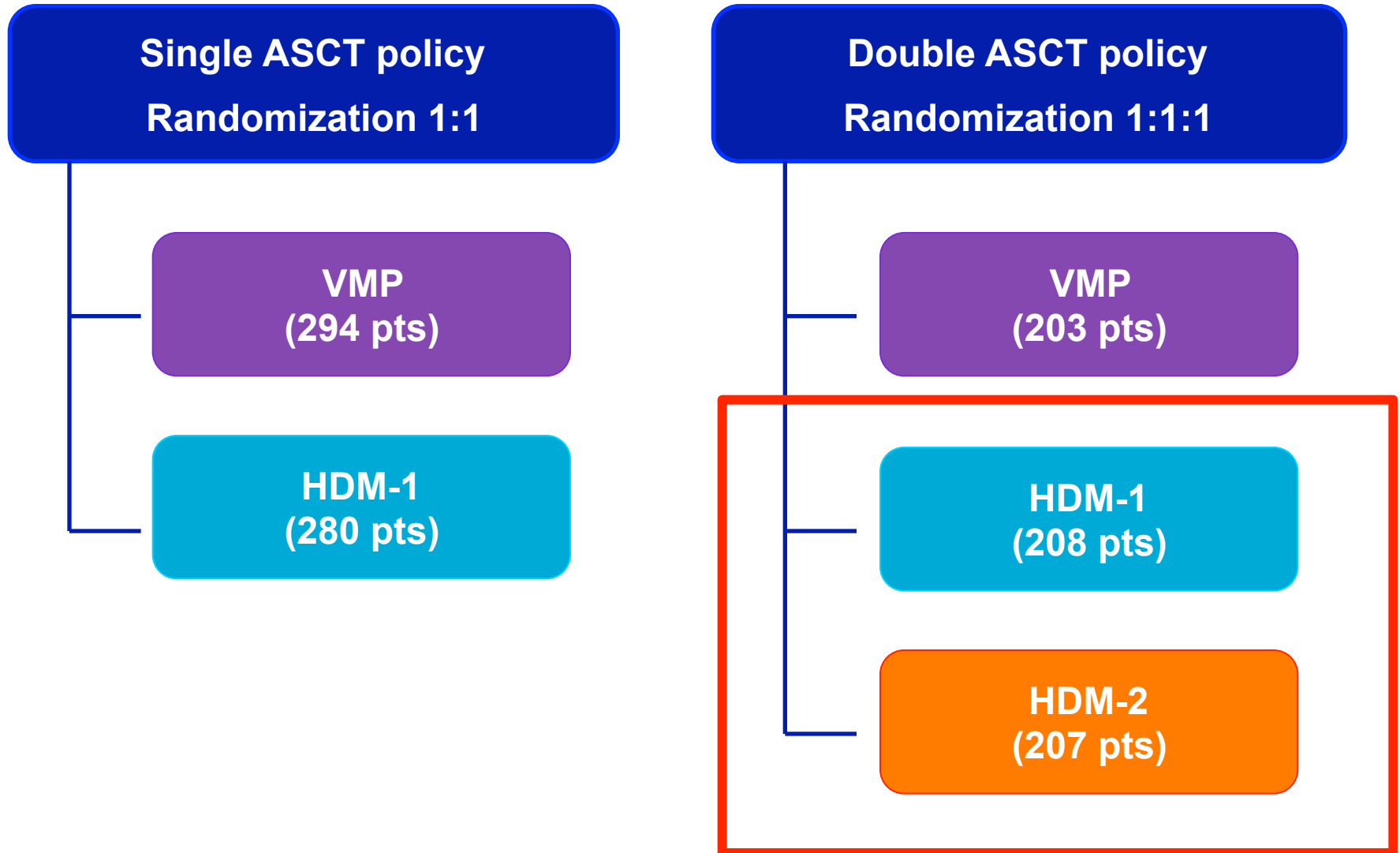
	Group 0 (no adverse variable)	Group 1 (1 adverse variable)	Group 2 (2 adverse variables)	Group 3 (3 adverse variables)
Median PFS	61 mos	56 mos	36 mos	26 mos

- Presence of 2 ($P<0.001$) or 3 ($P<0.001$) adverse prognostic variables associated with progressively shorter OS compared to lack of all 3 adverse variables

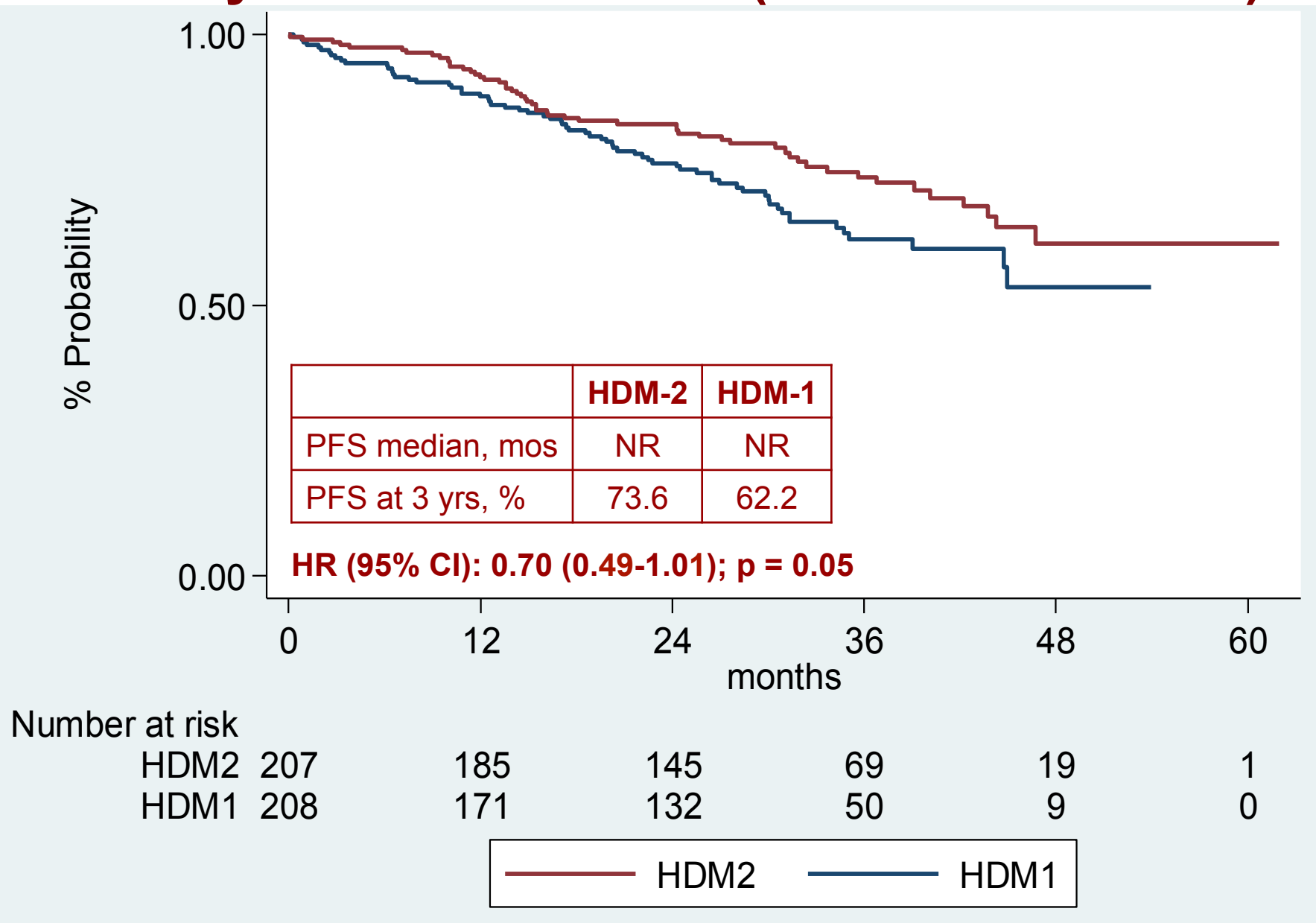
Adverse variables: ISS 3, high-risk cytogenetics, failure to achieve CR after induction therapy

Randomization 1

1192 pts were eligible for randomization 1



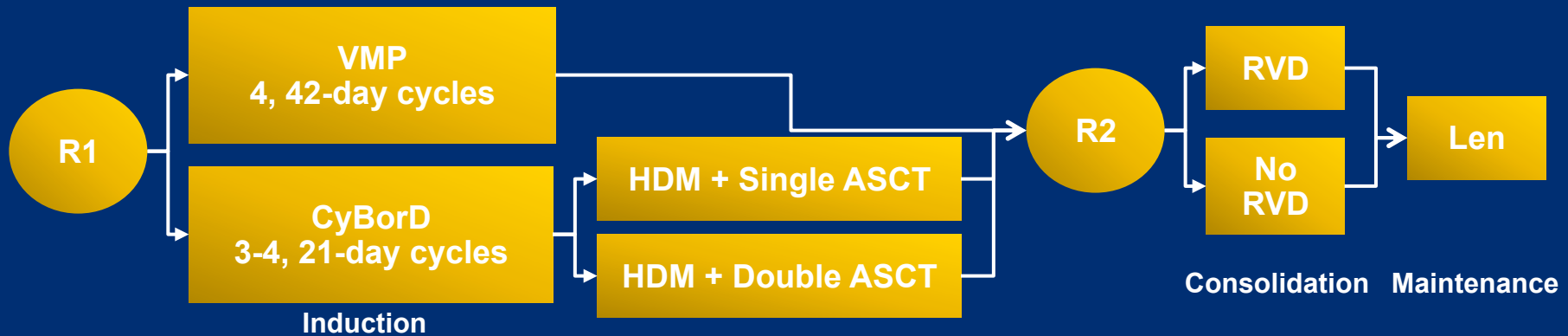
PFS by randomization 1 (HDM-1 vs HDM-2)



Median follow-up: 32 months (IQR 26-41)

Prolong Response: Consolidation

EMN02/HO95

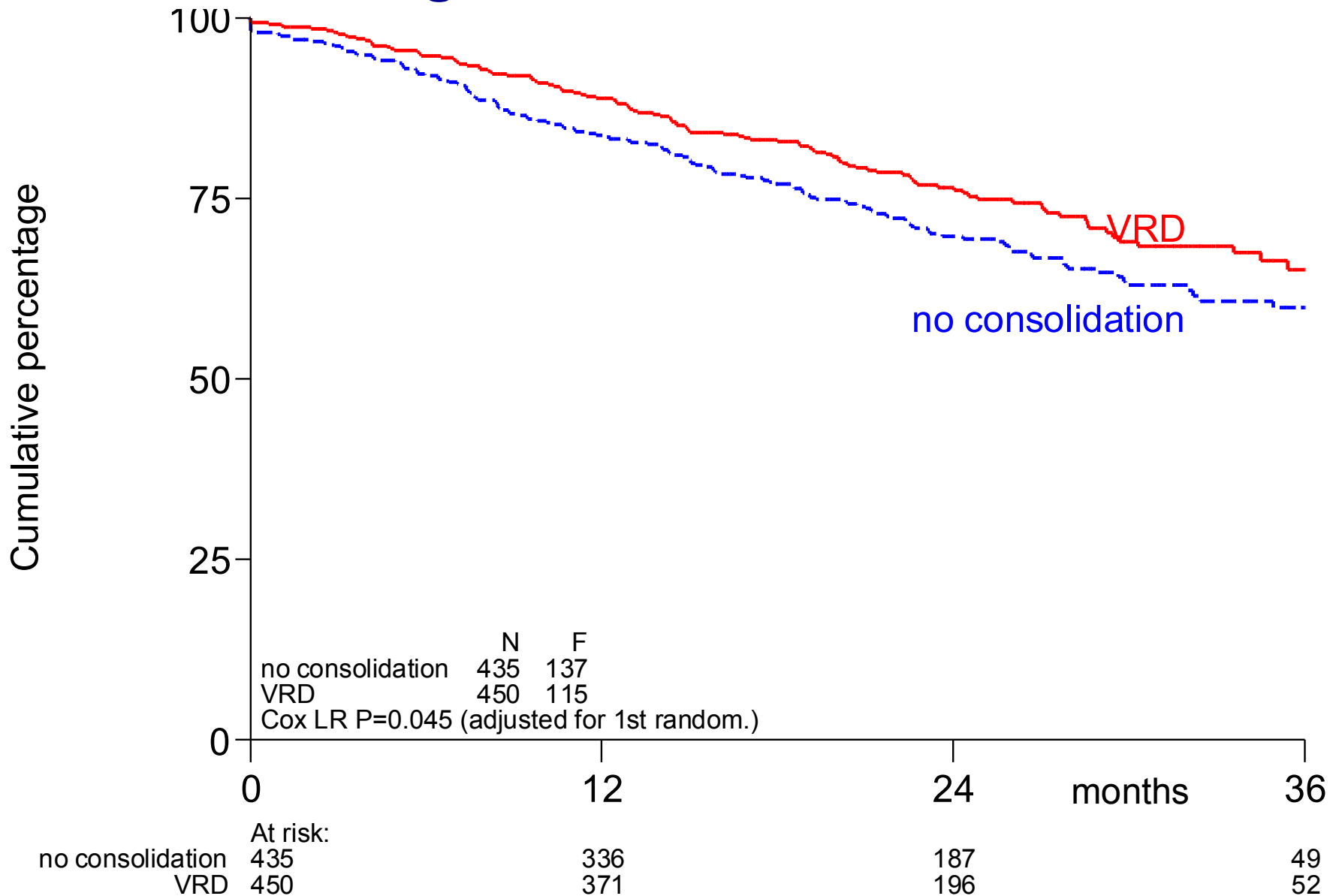


	Consolidati on	No Consolidati on	<i>P</i> Value
3-year PFS (%)	65	60	0.045

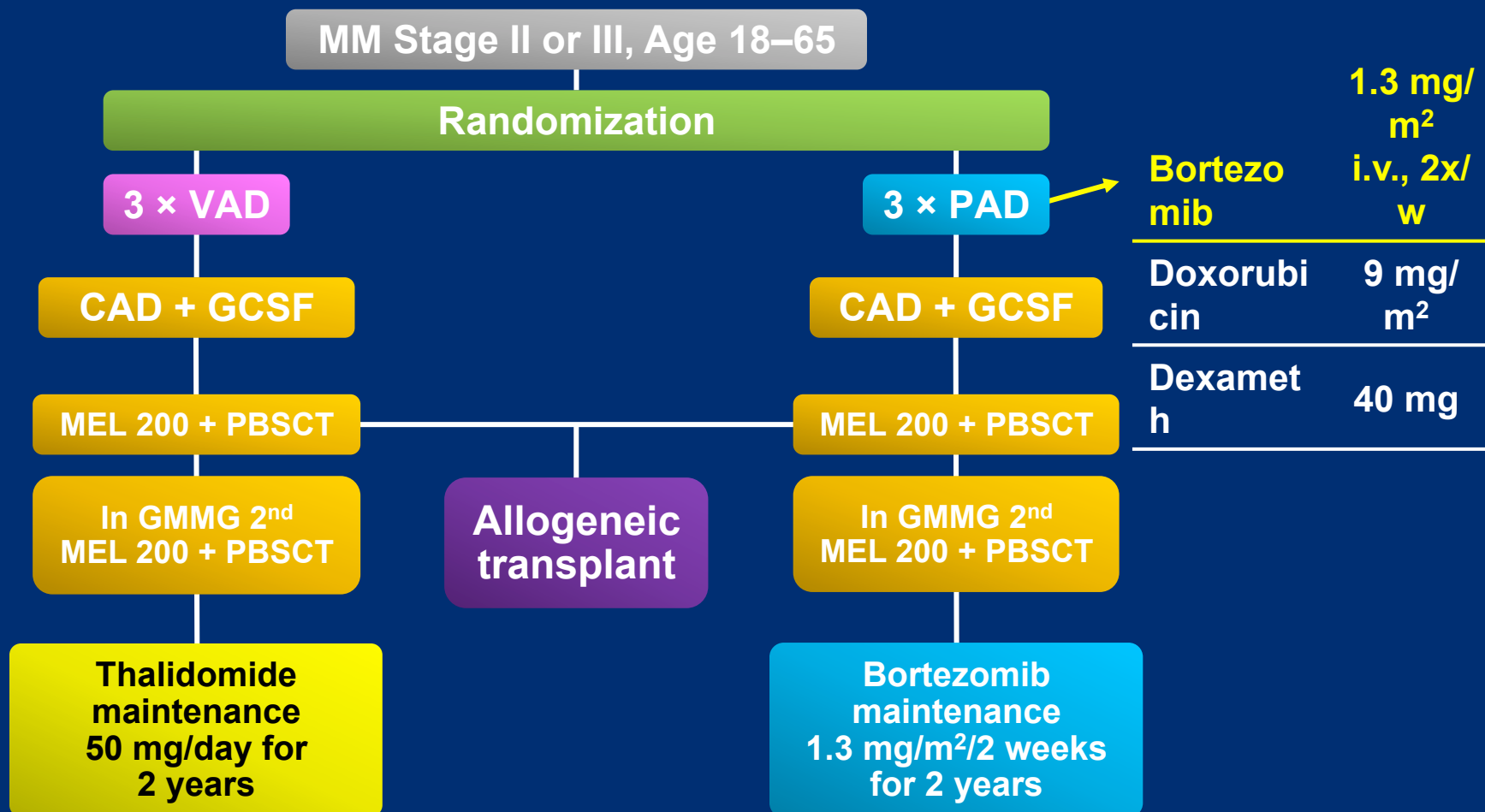
Not retained in high risk cytogenetics (0.91)

Sonneveld P et al. *Blood*. 2016;128: Abstract 242.

Progression-free survival

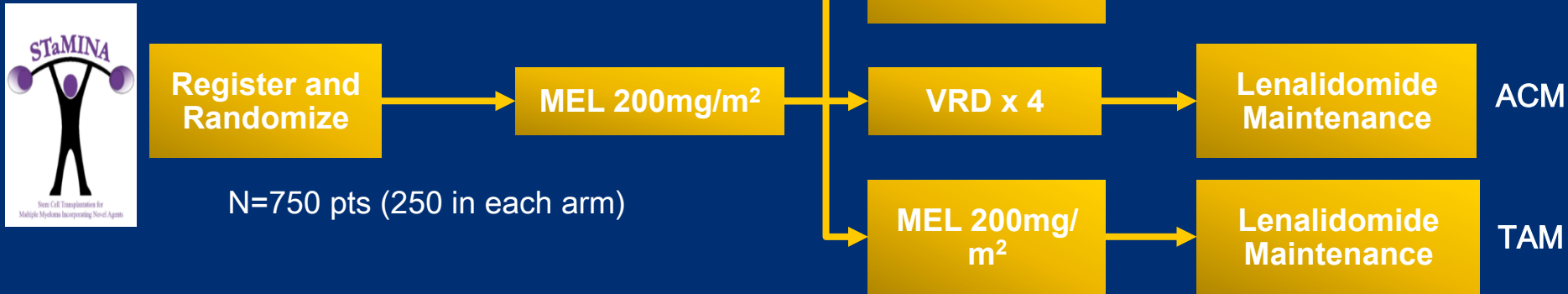


HOVON Study Schema



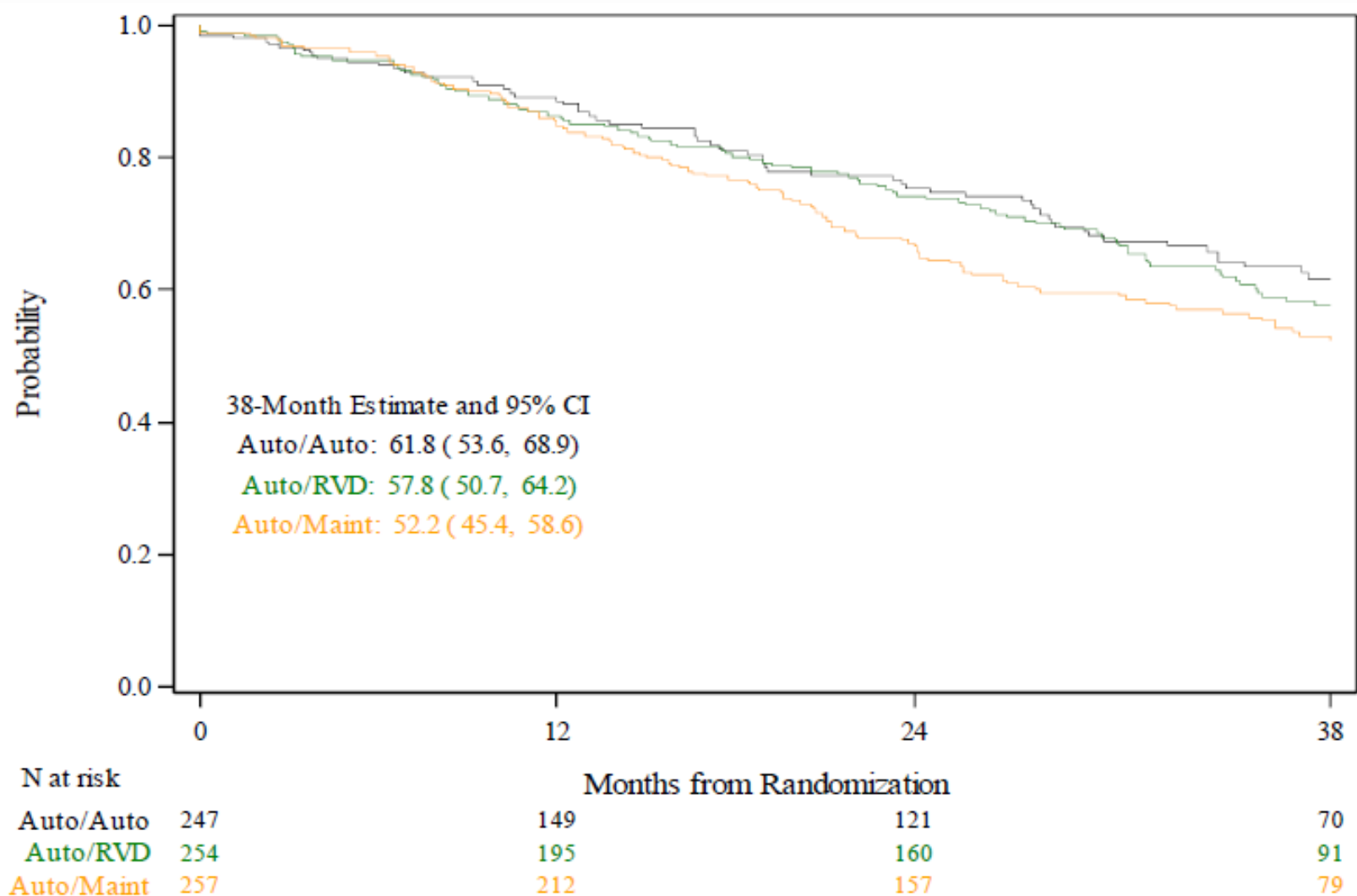
Prolong Response: Consolidation

BMT CTN 0702

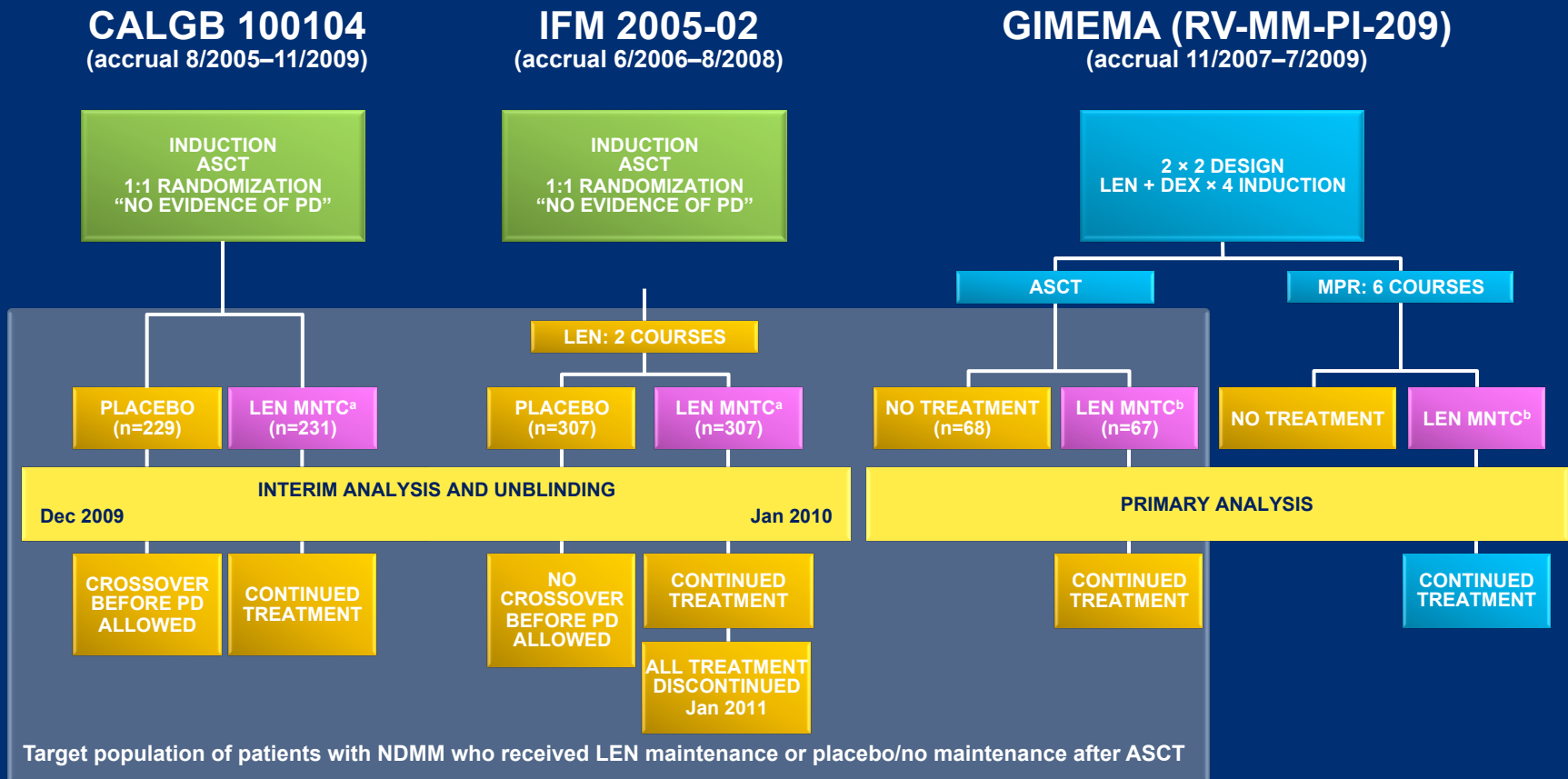


	ASCT with Len Maintenance (AM)	Consolidation with Len Maintenance (ACM)	Tandem ASCT with Len Maintenance (TAM)
N	257	254	247
38-mo PFS (%)	52	57	56

Progression-Free Survival – as treated/per protocol Analysis



Studies Included in Meta-Analysis

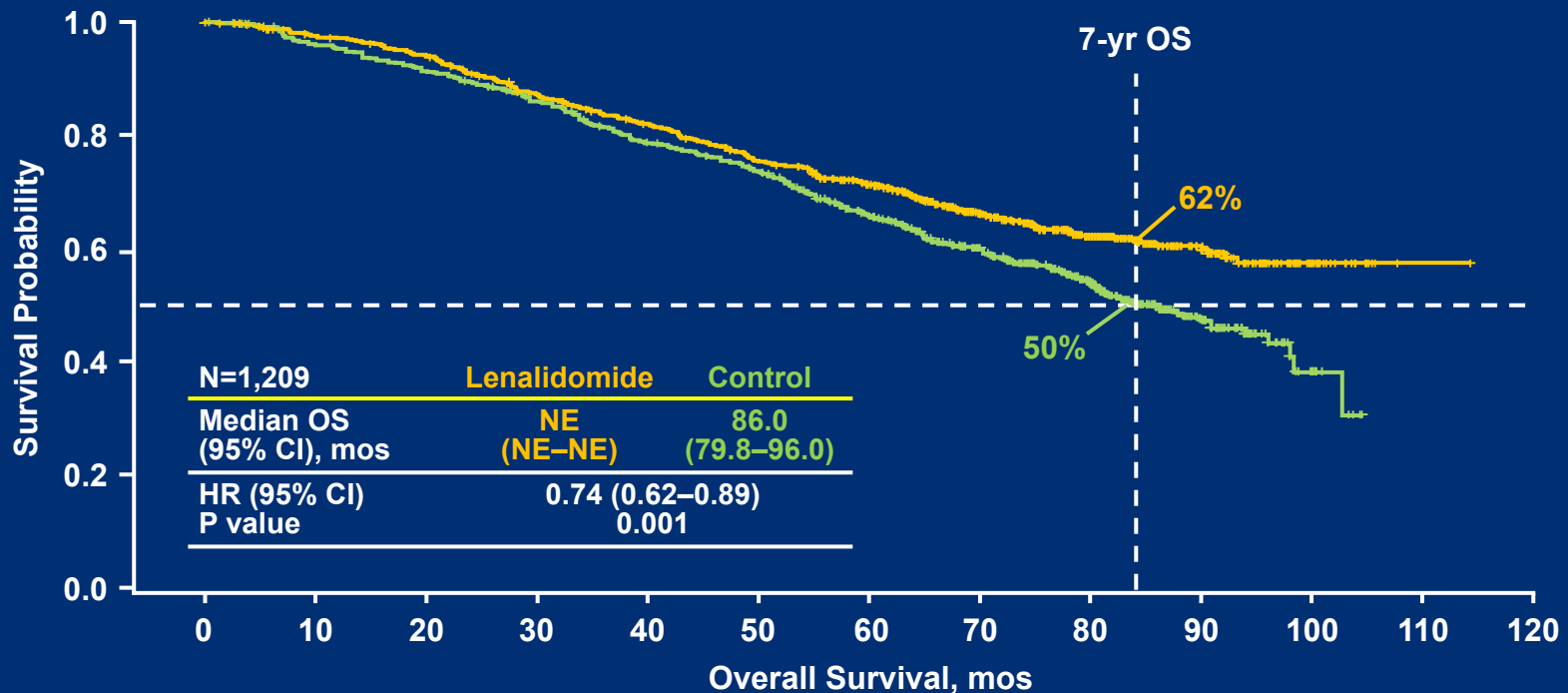


^a Starting dose of 10 mg/day on days 1–28/28 was increased to 15 mg/day if tolerated and continued until PD.

^b Patients received maintenance 10 mg/day on days 1–21/28 until PD.

Overall Survival: Median Follow-Up of 80 Months

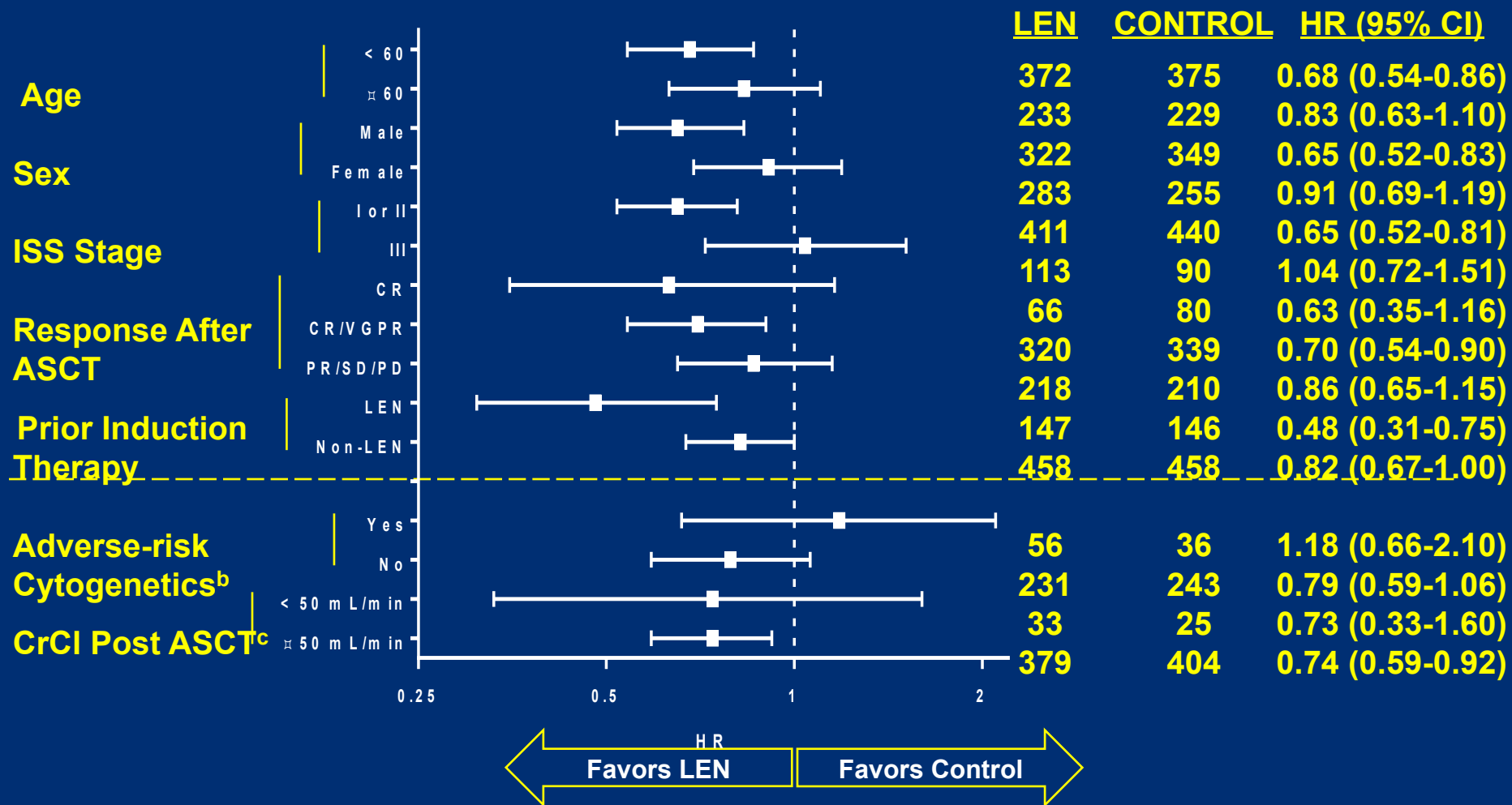
There is a 26% reduction in risk of death, representing an estimated 2.5-year increase in median survival.^a



Patients at risk	605	578	555	509	474	431	385	282	200	95	20	1	0
	604	569	542	505	458	425	350	271	174	71	10	0	

^a Median for lenalidomide treatment arm was extrapolated to be 116 months based on median of the control arm and HR (median, 86 months; HR = 0.74).

Overall Survival: Subgroups



^a Number of patients. ^b Cytogenetic data were only available for the IFM and GIMEMA studies. ^c CrCl post-ASCT data were only available for the CALGB and IFM studies.

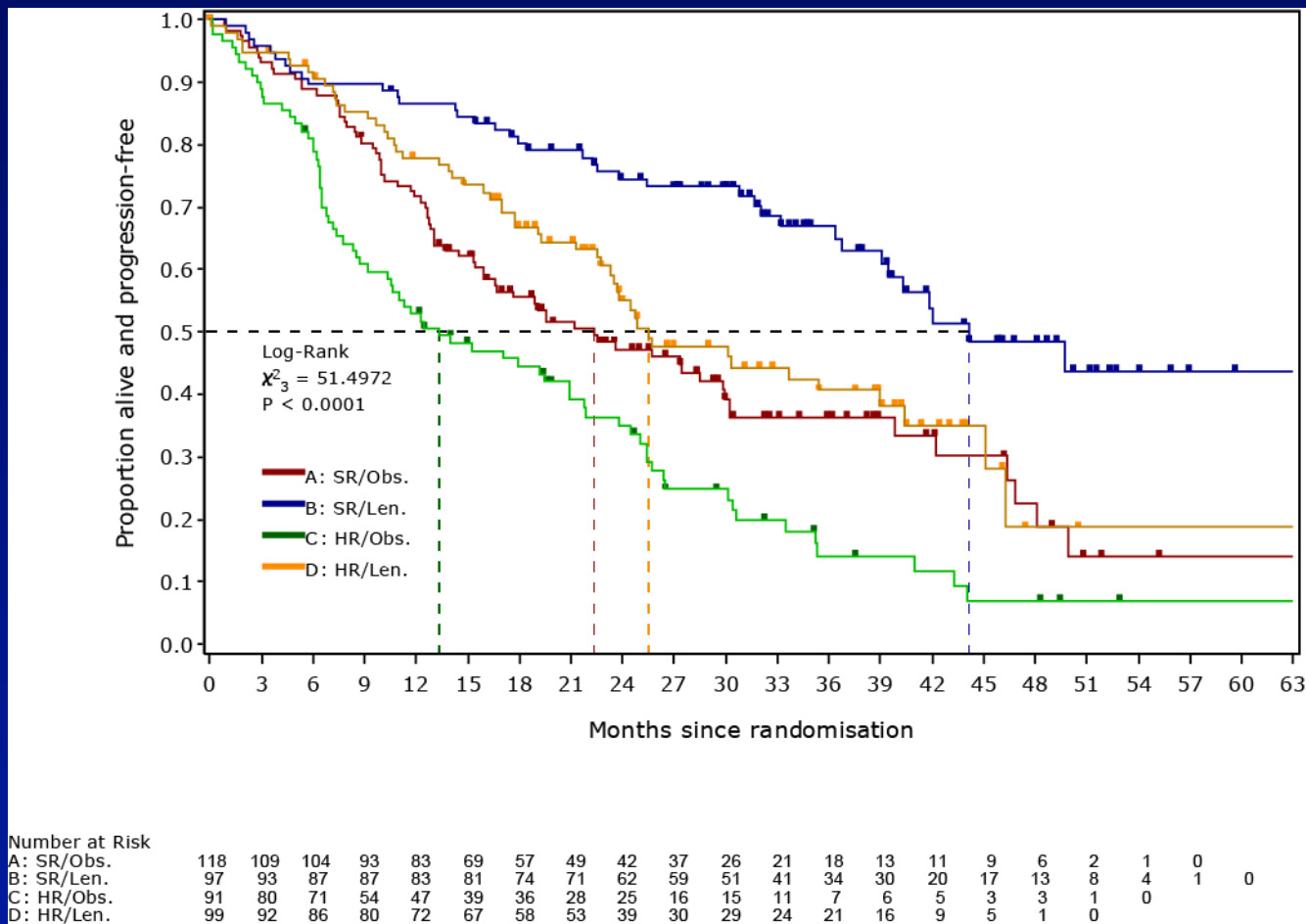
ASCT, autologous stem cell transplant; CR, complete response; CrCl, creatinine clearance; HR, hazard ratio; ISS, International Staging System; LEN, lenalidomide; OS, overall survival; PD, progressive disease; PR, partial response; SD, stable disease; VGPR, very good partial response.

Lenalidomide is Highly Effective Maintenance Therapy in MM: Phase 3 Myeloma XI study

- Lenalidomide continued to disease progression versus no therapy in both newly diagnosed transplant eligible (TE) and transplant non-eligible (TNE) populations

	TE (n=828)		TNE (n=722)		<i>P</i> Value
	Maint	No Maint	Maint	No Maint	
Median PFS (mos)	60	28	26	12	<0.0001

Impact of maintenance by cytogenetic risk status



Outcome of HR subgroup is clearly improved by the use of maintenance lenalidomide

Conclusions

- Treatment with lenalidomide until progression results in a highly significant improvement in PFS for NDMM patients of all ages
- Effective irrespective of risk status or response status at time of entry
- Increases responses over time
- No evidence of increased DNA instability at mutational or structural level
- OS results will be presented when the number of events reaches 458

Maintenance Therapy Post SCT: What Is Known

- Bortezomib maintenance; HOVON¹
- Lenalidomide maintenance after ASCT reduces the risk of progression or death by approximately 50%²⁻⁵
- All phase 3 studies had progression-free survival as the primary end point

1. Sonneveld P et al. *J Clin Oncol*. 2012;30:2946.

2. Palumbo A et al. *N Engl J Med*. 2014;371:895.

3. McCarthy PL et al. *N Engl J Med*. 2012;366:1770.

4. Attal M et al. *N Engl J Med*. 2012;366:1782.

5. Palumbo A et al. *N Engl J Med*. 2012;366:1759.

Recommendations ESMO
ESMO guidelines, Moreau et al. Ann Oncol 2017

Eligibility for ASCT

Yes

Induction: 3-drug regimens

VTD

VCD

RVD

PAD



**200 mg/m² Melphalan
followed by ASCT**

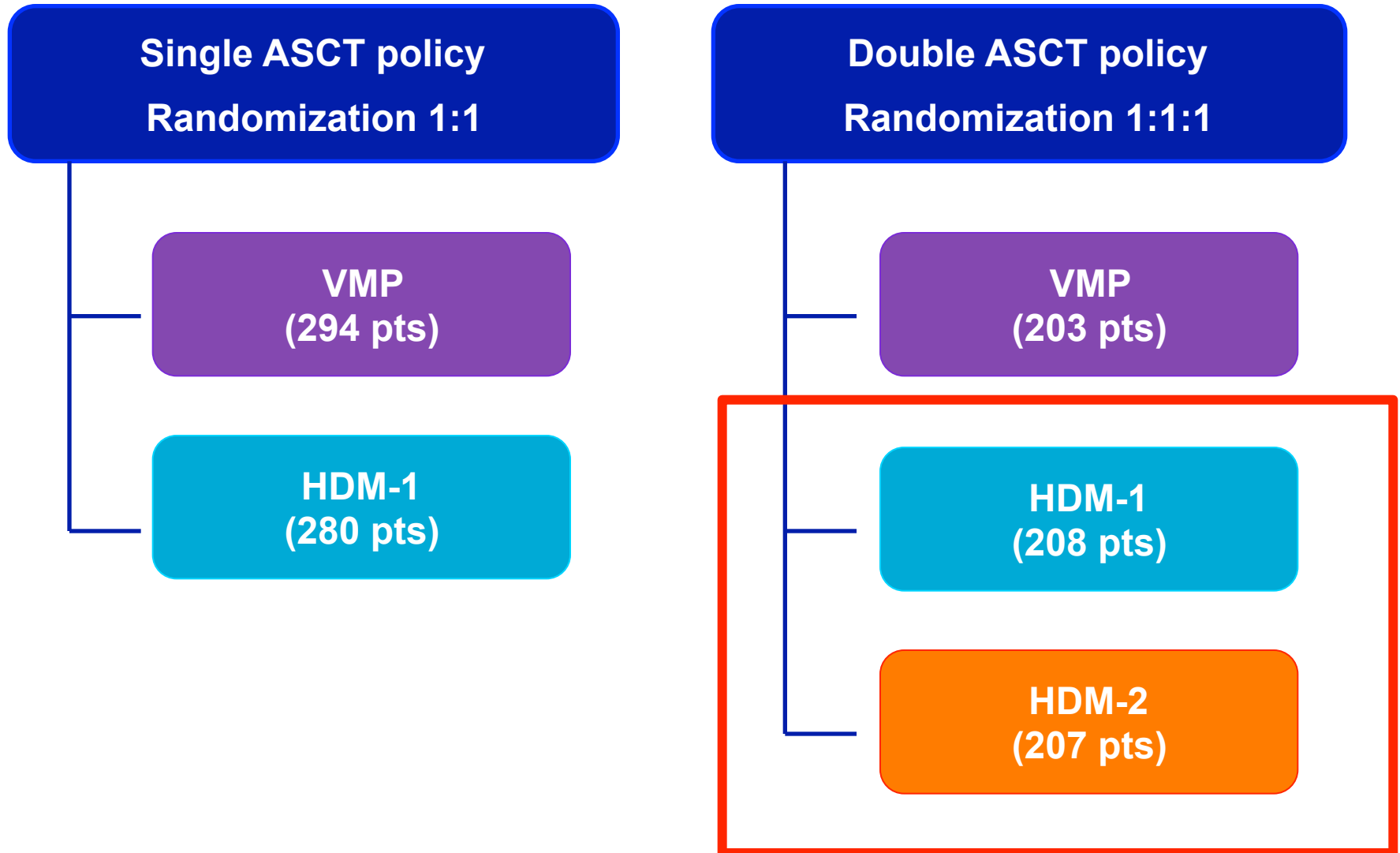


**Maintenance
Lenalidomide**

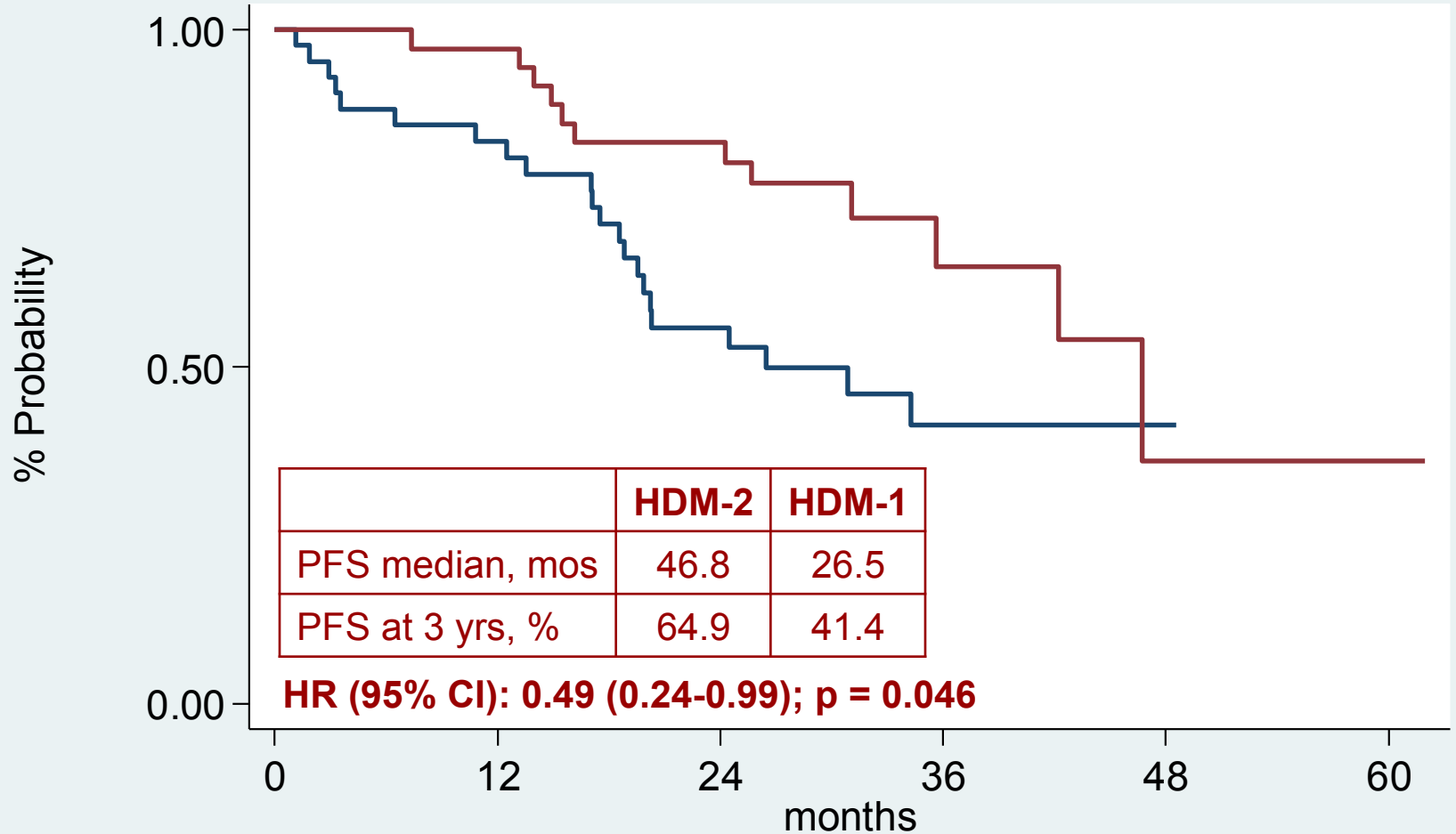
Doit-on, Peut-on proposer une attitude spécifique aux patients considérés de haut risque ?

Randomization 1

1192 pts were eligible for randomization 1



PFS by high-risk cytogenetics



Number at risk

HDM2	38	35	28	9	2	1
HDM1	43	34	20	7	1	0



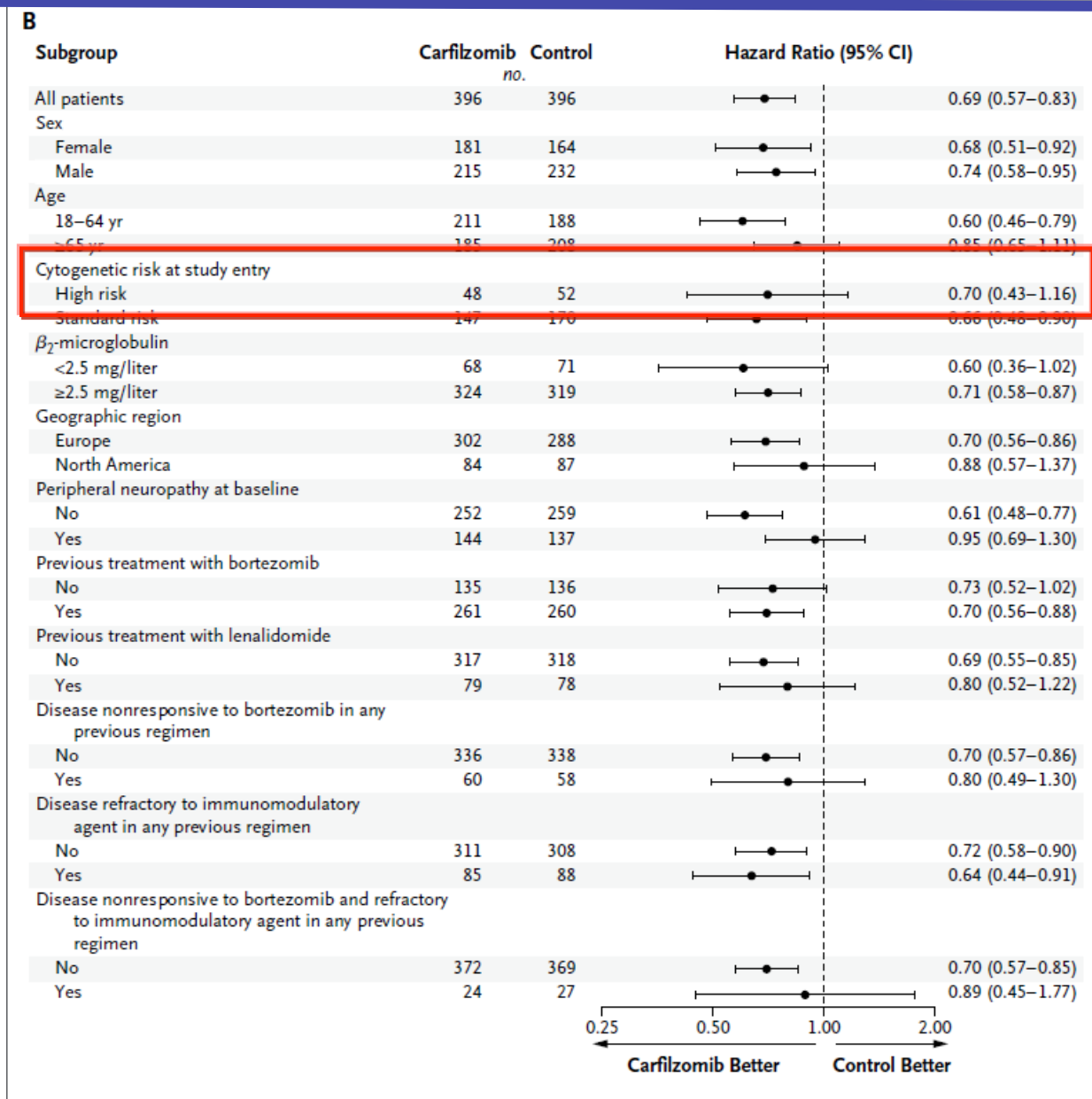
Pomalidomide-Dex in cytogenetically-defined high risk MM

Agent	PFS	OS
Pomalidomide-Dex (MM-003) ¹		
Low Risk		14 mos
High Risk		9.9 mos
del(17p)		12.6 mos
t(4;14)		7.5 mos
Pomalidomide-Dex ²		
del(17p)	7.3 mos	12 mos
t(4;14)	2.8 mos	9.2 mos

¹ Dimopoulos MA et al. *ASH* 2013

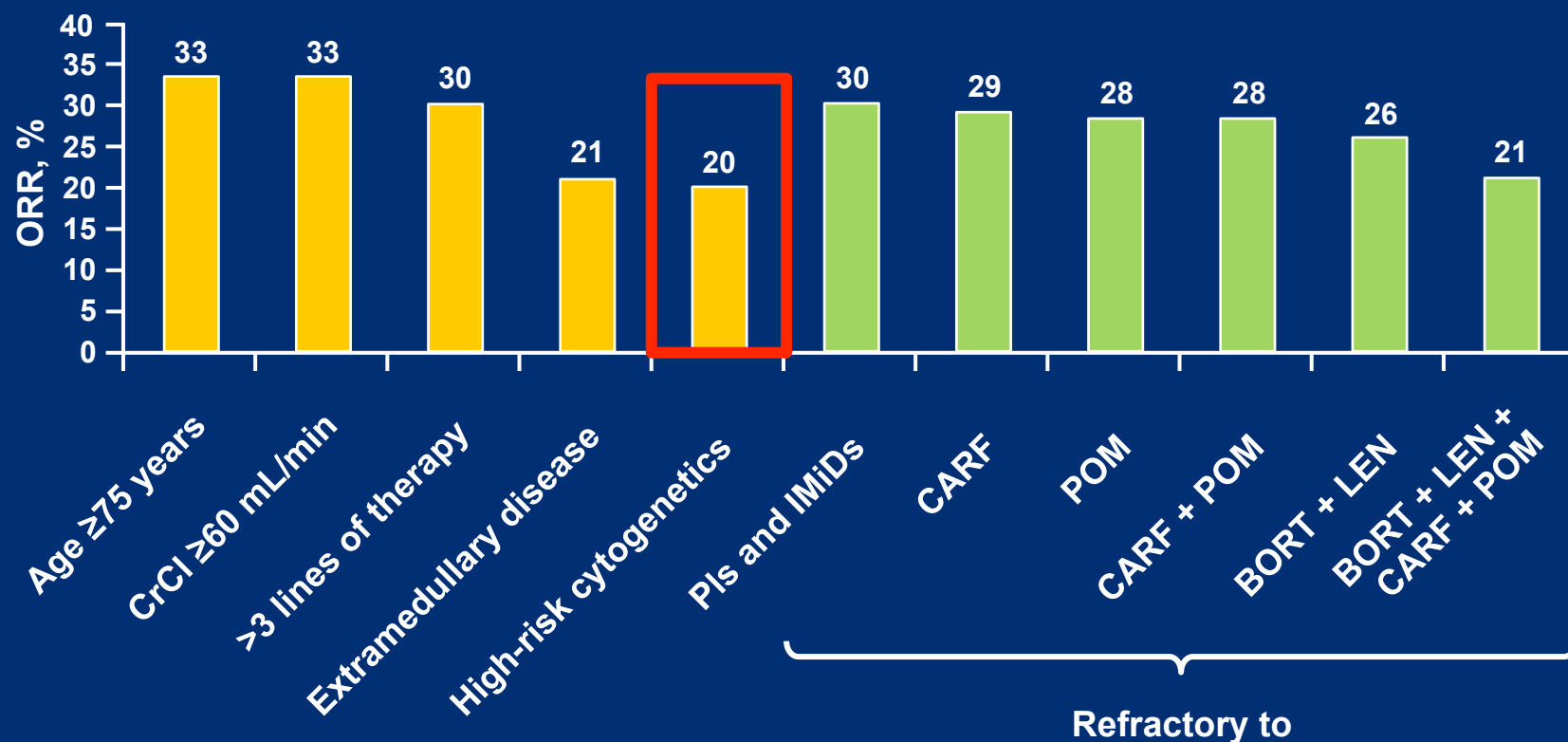
² Leleu et al. *Blood* 2015

Carfilzomib-Len-Dex in cytogenetically-defined high-risk MM



Daratumumab in High-Risk Patients

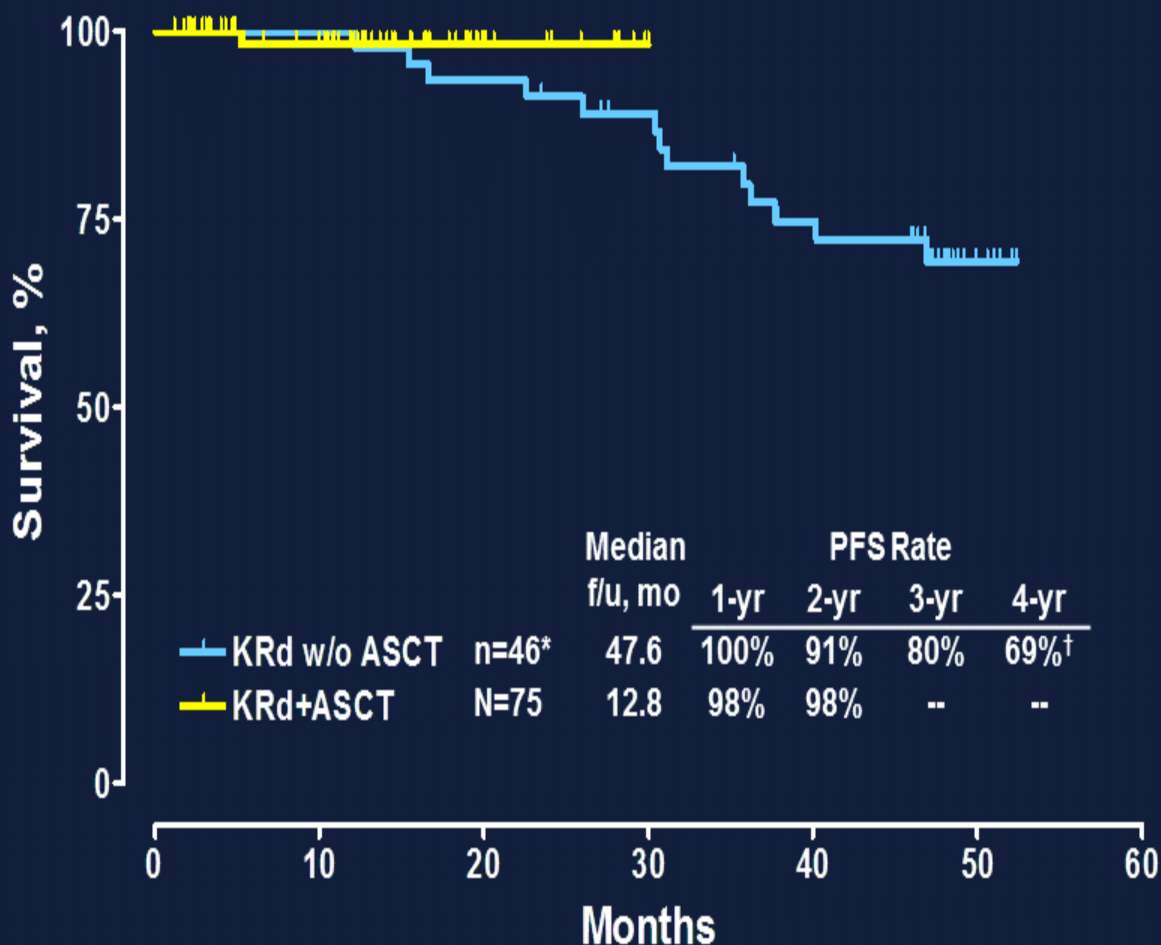
Daratumumab Phase 2 Study
Single Agent in RRMM ORR by Subgroup



***Quelles sont les perspectives de
modifications de traitement
à court ou moyen terme ?***

Treatment Outcomes – PFS

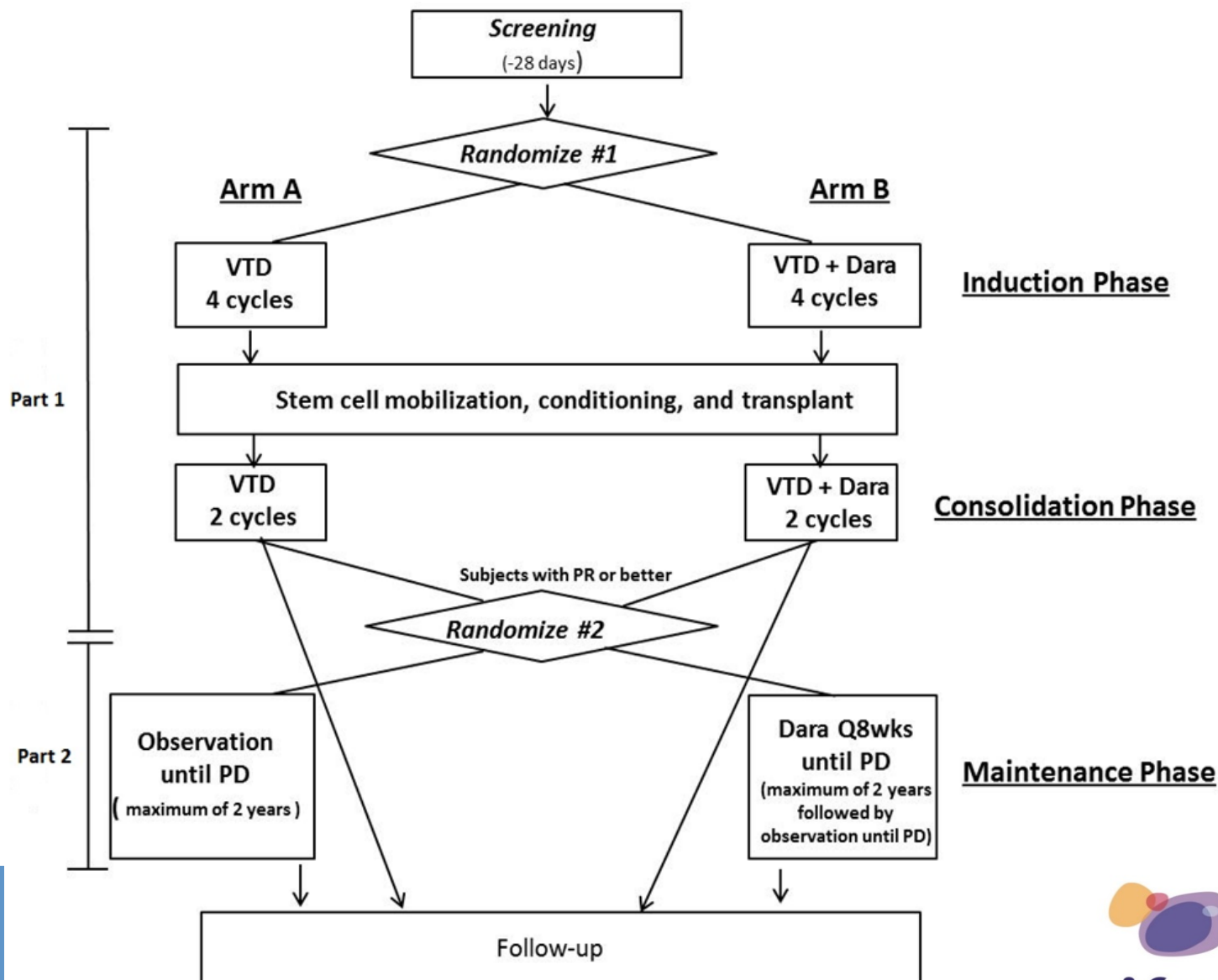
Courtesy Dr Jakubowiak
EHA 2016



*Excludes 7 pts who discontinued to pursue ASCT

†Intent-to-treat (N=53), 4-year PFS 64%

Study Design: Cassiopeia IFM/Hovon





IFM 2014 trial (300 patients)



VTD or VCD X 4
Randomisation



ARM A:

Mel 200 + CSP

VTD X 2

ARM B:

Vel-Mel 200 + CSP

VTD X 2

Primary end point: CR before consolidation

IFM 2017-18 version 1

	MRD1		MRD2	
<u>Standard Risk</u>	↗ - R ↘	HDT1 + IRD-Dara X 4 IRD-Dara X 7	↗ - R ↘	REV Maint REV + DARA Maint
I ⁺ RD-Dara X 6	+	HDT1 + KPD-Dara X 6	+	REV Maint HDT 2 REV + Dara Maint
			↗ - R ↘	REV Maint REV + DARA Maint
<u>High Risk</u>		HDT 1 + KPD-DARA X 6	→	HDT 2 + REV + Dara Maint

Quels sont les schémas de traitement standard à ce jour en situation de première ligne pour un patient non éligible à une intensification ?

MPT et MPV

évolution via expérience clinique

- MPT: relativement stable
 - thalidomide 100 (or 200 mg/j)
- MPV: evolution importante au cours du temps
 - D'un schéma 2 fois/sem à 1 fois/sem^{1,2} (2010)
 - De l'i.v. vers l'administration s.c.³ (2012)
 - L'administration SC hebdomadaire fait partie dorénavant du schéma standard du traitement par MPV ou autre schéma à base de Velcade chez le sujet âgé

1. Palumbo A, et al. J Clin Oncol. 2010;28:5101-9.

2. Mateos MV, et al. Lancet Oncol. 2010;11:934-41.

3. Moreau P, et al. Lancet Oncol. 2011;12:431-40.

Et dès demain ?

FIRST (IFM2007-01/MM-020): Study Design



*Pts aged >75 yrs: LoDEX 20 mg D1, 8, 15 & 22/28; MEL 0.2 mg/kg D1-4; THAL 100 mg D1-42/42.
All pts received thromboprophylaxis.*

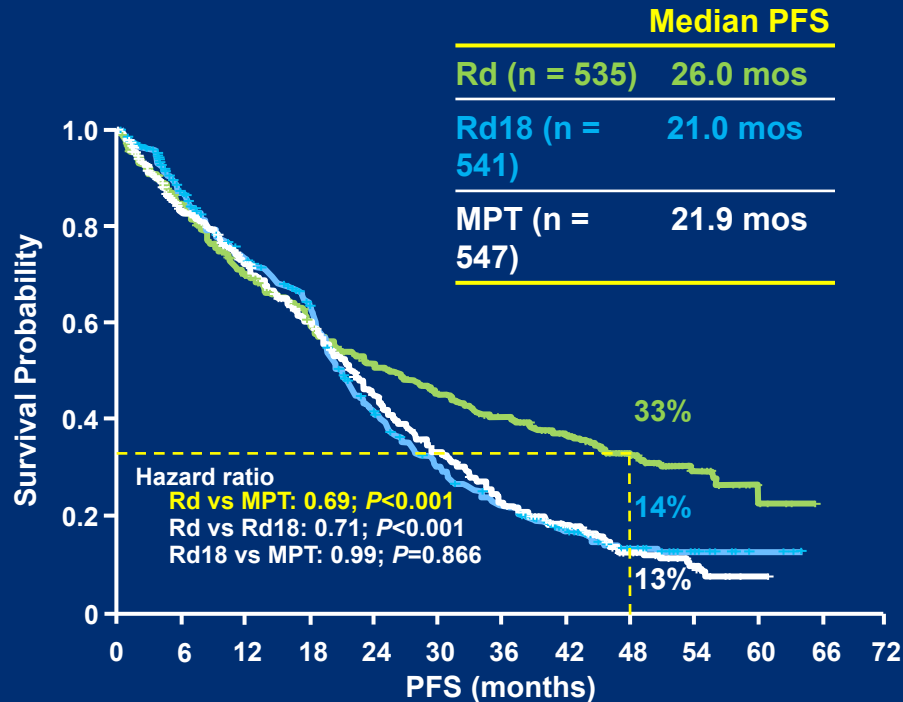
- Stratification: age, country, and ISS stage

- Benboubker L et al. *N Engl J Med*. 2014;371:906.
 - Facon T et al. *Lancet*. 2007;370:1209.
 - Hulin C et al. *J Clin Oncol*. 2009;27:3664.
- Avet-Loiseau H et al. *Blood*. 2015;126: Abstract 730.

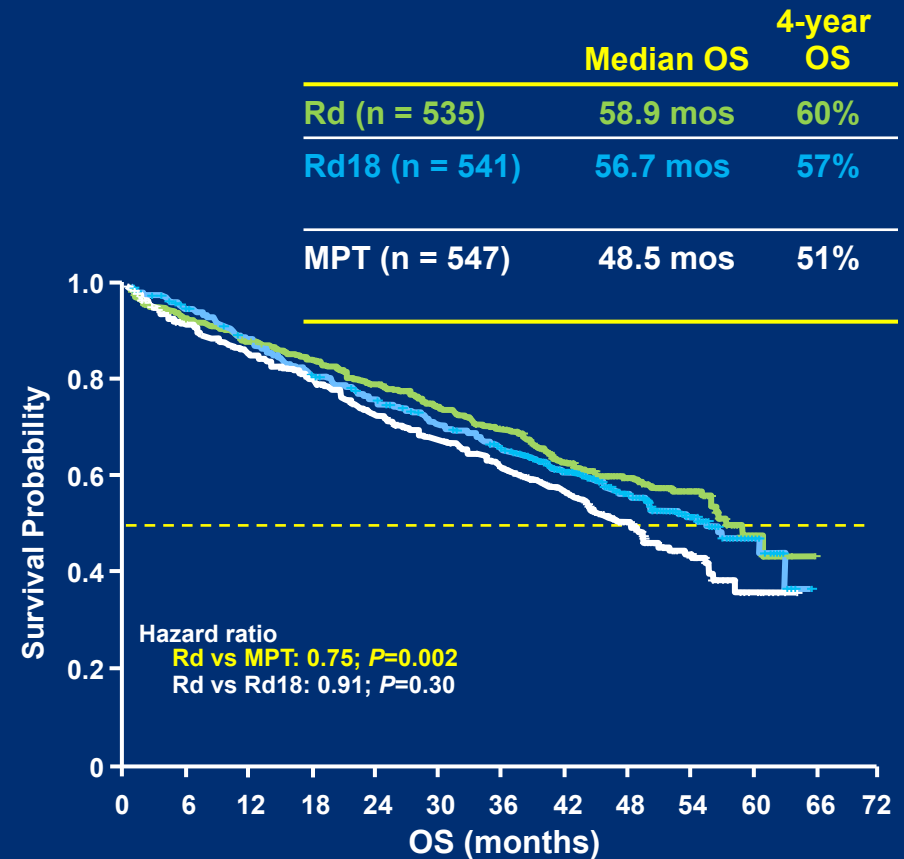
IFM 2007-01 FIRST Trial: PFS and OS

PFS as per investigator assessment¹

Data cut-off: 3 March 2014
Median follow-up: 45.5 mos
697 deaths (43% of ITT)



OS²



1. Lenalidomide European Public Assessment Report. March 2015.

2. Facon T et al. *J Clin Oncol*. 2015;33: Abstract 8524.

CLARION: Trial design

Newly Diagnosed MM (Target N = 882)

- Transplant-ineligible

Stratification:

- ISS stage (1 vs. 2 or 3)
- Planned BTZ route of administration (IV or SC)
- Region (North America, Europe, Asia, or other)
- Age (< 75 yrs vs. ≥ 75 yrs)

1:1

54 Weeks of Treatment as 9 x 6-week cycles

KMP

Carfilzomib: 20/36 mg/m² IV D1, 2, 8, 9, 22, 23, 29, 30

Melphalan 9 mg/m² D1-4; **Prednisone** 60 mg/m² D1-4

VMP

Bortezomib: 1.3 mg/m² D1, 4, 8, 11, 22, 25, 29, 32 Cycles
1-4

then D1, 8, 22, 29 Cycles 5-9

Melphalan: 9 mg/m² D1-4; **Prednisone** 60 mg/m² D1-4

Primary endpoint: PFS

Secondary endpoints: OS, ORR (≥PR),
CRR, Neuropathy events, HR-QOL, Safety

Top-line results from Ph 3 CLARION study in newly diagnosed multiple myeloma patients

EFFICACY

CLARION did not meet the primary endpoint of superiority in PFS

- ***“The trial did not meet the primary endpoint of superiority in PFS”***
 - HR = 0.91 (95% CI, 0.75 - 1.10)
 - Median PFS: 22.3 months for KMP vs 22.1 months for VMP
- ***“The data for overall survival, a secondary endpoint, are not yet mature”***
 - Observed HR: 1.21 (95% CI, 0.90 - 1.64)
- ***“Neither result was statistically significant”***

SAFETY

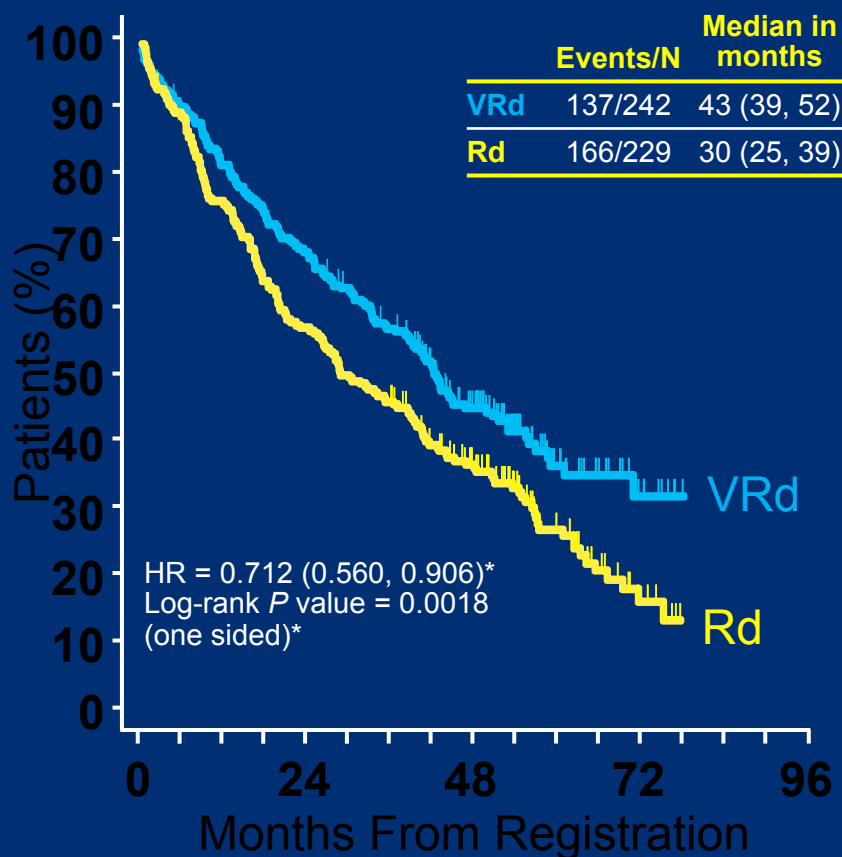
Adverse events in the KMP arm were consistent with the known safety profile of Kyprolis

- **Incidence of Gr $\geq$ 3 AEs:** 74.7% in KMP vs 76.2% in VMP
- **Fatal treatment-emergent AEs:** 6.5% in KMP vs 4.3% in VMP
- **Incidence of Gr $\geq$ 2 peripheral neuropathy:** 2.5% in KMP vs 35.1% in VMP (secondary endpoint)

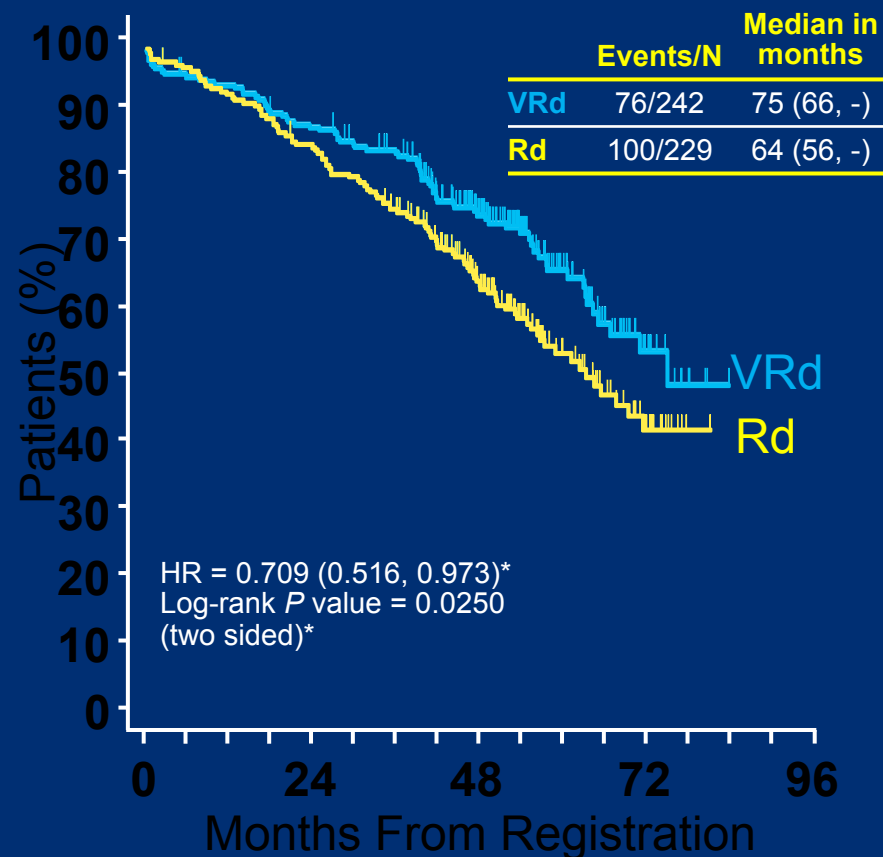
VMP: Velcade, melphalan, prednison; KMP: Kyprolis, melphalan, prednison.

SWOG S0777: PFS and OS by Assigned Treatment Arm

PFS by assigned treatment arm



OS by assigned treatment arm



* Stratified

FRONTLINE THERAPY

ESMO guidelines, Moreau et al. Ann Oncol 2017, in press

Eligibility for ASCT

No

First option: VMP, Rd, VRD

Second option: VCD, MPT

Other options : BP, CTD, MP

***Comment s'orienter
entre le jeune retraité actif
et l'octogénaire fragile ?***

Frailty score

Variable		HR (CI 95%)	P	SCORE
AGE	Age <75 years	1	-	0
	Age 75-80 years	1.37 (0.93-2.03)	0.114	1
	Age >80 years	2.75 (1.81-4.18)	<0.001	2
CHARLSON INDEX	Charlson ≤ 1	1	-	0
	Charlson ≥ 2	1.6 (1.07-2.39)	0.021	1
ADL SCORE	ADL >4	1	-	0
	ADL ≤ 4	1.76 (1.14-2.71)	0.01	1
IADL SCORE	IADL >5	1	-	0
	IADL ≤ 5	1.53 (1.03-2.27)	0.036	1

ADDITIVE TOTAL SCORE	PATIENT STATUS
0	FIT
1	UNFIT
≥ 2	FRAIL

1. Charlson M, et al. J Chronic Dis.1987; 40:373-83
2. Katz S, et al. JAMA 1963;185:914-9.
3. Lawton MP, et al. Gerontologist. 1969;9:179-86.

Essai FIRST

Analyse selon facteur fragilité
EHA 2016

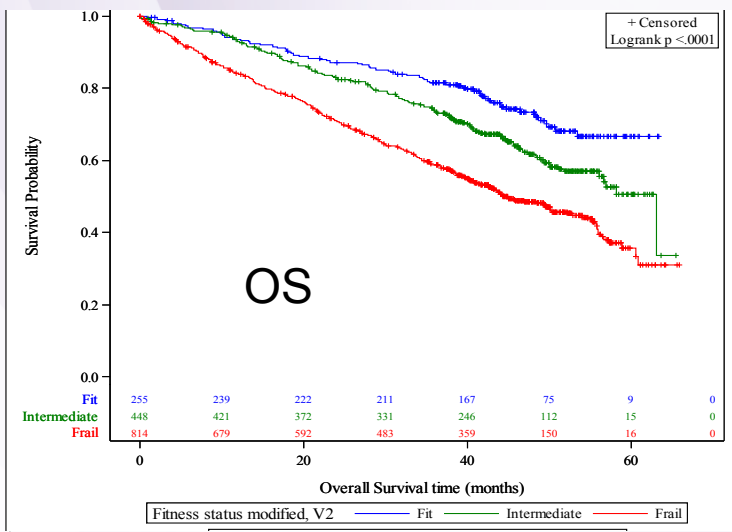
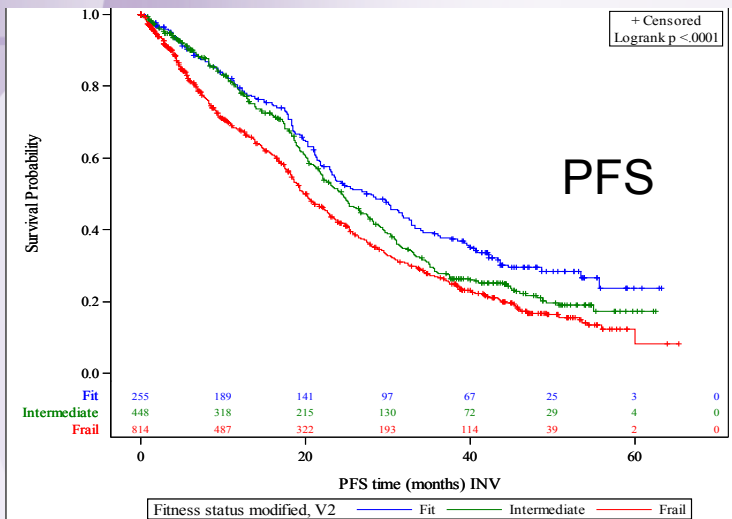
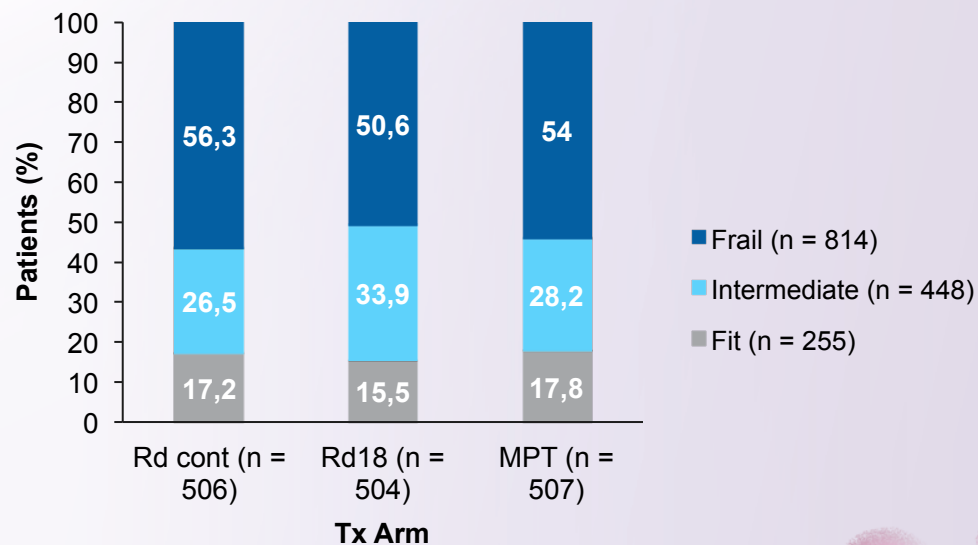


Table 1. Frailty Algorithm

Category	Score
Age	
≤ 75 yrs	0
76-80 yrs	1
> 80 yrs	2
Charlson Comorbidity Index score	
≤ 1	0
≥ 2	1
Katz Activity of Daily Living score	
> 4 (Self Care EQ-5D = 1)	0
≤ 4 (Self Care EQ-5D = 2,3)	1
Lawton Instrumental Activity of Daily Living score	
> 5 (Usual Activities EQ-5D = 1)	0
≤ 5 (Usual Activities EQ-5D = 2,3)	1
Total	
0: Fit	
1: Intermediate	
≥ 2: Frail	

EQ-5D, EuroQol five dimensions questionnaire.



FIT + ISS 1 : PFS médiane 34 mois, OS médiane non atteinte

Application clinique : frailty score

FRAIL



FIT



**LA ZONE GRISE
UNFIT**

***Que signifie véritablement
éligible à une intensification?***

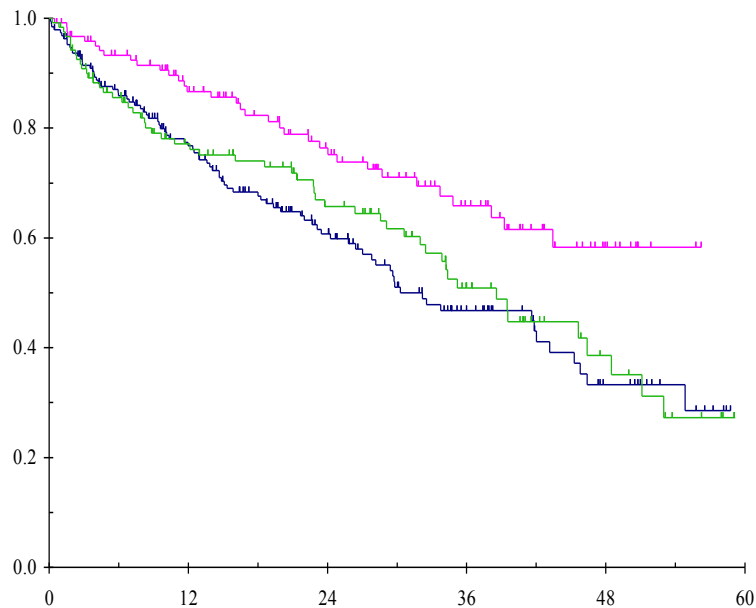
Autologous stem cell transplantation for multiple myeloma
EBMT data – *Auner et al*, BMT 2014

Characteristic	Age group (years)												p
	<40		40-49		50-59		60-64		65-69		≥70		
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	
Patients undergoing 1 st AHCT													<.001
1991-1995	172	6.7	743	29.0	1185	46.3	383	15.0	75	2.9	2	0.1	
1996-2000	396	4.3	1839	20.2	4238	46.4	1835	20.1	718	7.9	100	1.1	
2001-2005	547	3.1	2632	15.0	7115	40.6	4253	24.3	2478	14.1	497	2.8	
2006-2010	614	2.5	3482	14.2	9253	37.8	6518	26.6	3860	15.8	740	3.0	



Essai IFM 99/06

Survie globale



Temps depuis inclusion (mois)

O/N

Survie
médiane $\pm$ se (mois)

MP

86/191

30.3 $\pm$ 5.8

MP+Thal

34/124

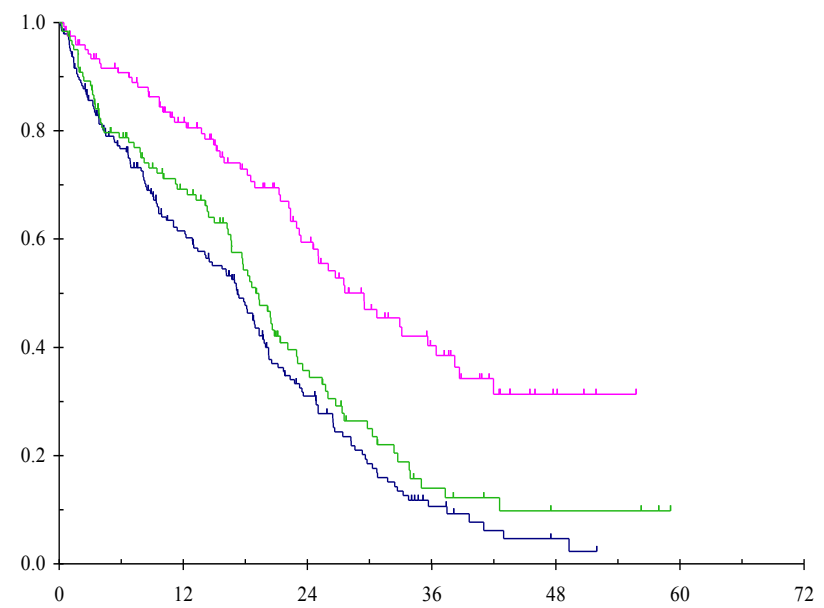
Not reached at 56

Intensification

54/121

38.6 $\pm$ 3.0

Survie sans progression



Temps depuis inclusion (mois)

O/N

Survie
médiane $\pm$ se (mois)

MP

141/191

17.2 $\pm$ 1.5

MP+Thal

57/124

29.5 $\pm$ 3.6

Intensification

82/121

19.0 $\pm$ 1.3

***L'association Lenalidomide + DXM
constitue-t-elle la nouvelle
plateforme systématique
d'avenir ?***

Phase 3 Rd-based continuous studies for elderly patients

NCT01335399

Elotuzumab

Rd

R: 25 mg PO ; D1–21
DEX: 40 mg PO ; D1, 8, 15 & 22
28-d cycles until PD

ELO-Rd

ELO: 10 mg/kg; D1, 8, 15 & 22 (cycles 1–2); D1 & 15 (cycles 3–18); 20 mg/kg on D1 (cycles ≥ 19)
R: 25 mg, D1–21
DEX: 40 mg D1, 8, 15 & 22 (cycles 1–2); D1 & 15 (cycles 3–18); D1 (cycles ≥ 19)
28-d cycles, until PD

NCT01850524

Ixazomib

Rd

R: 25 mg PO ; D1–21
DEX: 40 mg PO ; D1, 8, 15 & 22
28-d cycles/18 mos

Ixazomib-Rd

Ixazomib: 4 mg
R: 25 mg
DEX: 40 mg; D1, 8, 15 & 22
28-d cycles/18 mos

DEX Discontinued

Placebo + R

R 10 mg
Until PD

DEX Discontinued

Ixazomib+ R

Ixazomib: 3 mg
R: 10 mg
Until PD



NCT02252172

Daratumumab

Rd

R: 25 mg PO ; D1–21
DEX: 40 mg PO ; D1, 8, 15 & 22
28-d cycles until PD

DARA-Rd

DARA: 16 mg/kg q1wk for 8 wks; q2wk for 16 wks; q4wk thereafter
R: 25 mg PO d; D1–21
DEX: 40 mg PO d; D1, 8, 15 & 22

28-d cycles; Rd for up to 2 years; DARA until PD



- Primary endpoint for all studies is PFS

EQUIPE ACTUELLE

ANCIENNE EQUIPE

